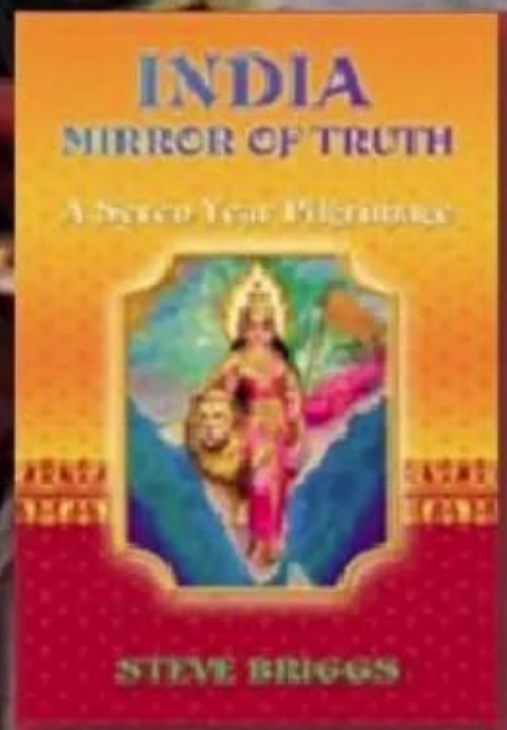


Steve Briggs

Skeptiko 397



Skeptiko Topics:
Consciousness Science
Parapsychology
Near-Death Experience
Spirituality
Skeptics/Skepticism
Psi
Psychics & Mediums
Atheism
UFO
Neuroscience
Conspiracy Theories
Contactee Experience
OBE

1
00:00:11,260 --> 00:00:08,850

[Music]

2
00:00:16,690 --> 00:00:11,270
you're listening to the music of the

3
00:00:20,500 --> 00:00:16,700
Dogon people for me it's pretty hard to

4
00:00:23,560 --> 00:00:20,510
listen to but the point of playing music

5
00:00:26,890 --> 00:00:23,570
from this small ancient tribe in West

6
00:00:29,769 --> 00:00:26,900
Africa is because maybe as many of you

7
00:00:32,439 --> 00:00:29,779
know the Dogon pose an interesting

8
00:00:36,479 --> 00:00:32,449
dilemma for those of us who want to move

9
00:00:38,920 --> 00:00:36,489
from our knowns our comfortable sciency

10
00:00:42,190 --> 00:00:38,930
archaeological history is what they

11
00:00:45,970 --> 00:00:42,200
teach us in school kind of reality to

12
00:00:48,549 --> 00:00:45,980
the extended reality that we explore so

13
00:00:51,670 --> 00:00:48,559

much on this show and that is because

14

00:00:54,880 --> 00:00:51,680

the Dogon like many ancient people have

15

00:00:55,840 --> 00:00:54,890

always claimed that their ancestors came

16

00:00:58,690 --> 00:00:55,850

from the stars

17

00:01:01,569 --> 00:00:58,700

it's an ancient alien kind of thing but

18

00:01:04,479 --> 00:01:01,579

what's unique about the Dogon and the

19

00:01:07,620 --> 00:01:04,489

way they relate to today's guest is that

20

00:01:11,139 --> 00:01:07,630

when the Dogon first encountered Western

21

00:01:14,169 --> 00:01:11,149

anthropologists in the 1830s they told

22

00:01:16,480 --> 00:01:14,179

them some specific information that they

23

00:01:19,109 --> 00:01:16,490

were given by their star brother

24

00:01:21,160 --> 00:01:19,119

ancestors and particularly they told

25

00:01:23,980 --> 00:01:21,170

anthropologists that they were from the

26

00:01:26,350 --> 00:01:23,990

Syrian star system a star which is one

27

00:01:28,389 --> 00:01:26,360

of the brightest stars in the sky so

28

00:01:30,309 --> 00:01:28,399

bright in fact they said that it

29

00:01:33,730 --> 00:01:30,319

obscured the fact that there was a

30

00:01:37,210 --> 00:01:33,740

smaller dwarf star circling around the

31

00:01:39,309 --> 00:01:37,220

visible star but in the 1830s this was

32

00:01:41,589 --> 00:01:39,319

impossible to see even with the

33

00:01:44,380 --> 00:01:41,599

telescopes of the time in fact it wasn't

34

00:01:48,580 --> 00:01:44,390

visible until the telescope technology

35

00:01:50,559 --> 00:01:48,590

that we had in 1970 when astronomers

36

00:01:54,490 --> 00:01:50,569

looked and were able to confirm that

37

00:01:56,859 --> 00:01:54,500

there is a twin star around Sirius but

38

00:01:59,710 --> 00:01:56,869

the Dogon had more to say much more they

39

00:02:01,839 --> 00:01:59,720

correctly said that the orbital spin of

40

00:02:04,389 --> 00:02:01,849

the dwarf star was something like 50

41

00:02:06,339 --> 00:02:04,399

years and that there were three planets

42

00:02:07,990 --> 00:02:06,349

that would show up and they had specific

43

00:02:09,790 --> 00:02:08,000

information about the density of these

44

00:02:12,850 --> 00:02:09,800

planets and their rotation other

45

00:02:15,190 --> 00:02:12,860

information that would be impossible it

46

00:02:17,559 --> 00:02:15,200

would seem for an ancient culture

47

00:02:18,590 --> 00:02:17,569

without even a written language to know

48

00:02:22,880 --> 00:02:18,600

about

49

00:02:26,770 --> 00:02:22,890

but again the question for me is how do

50

00:02:28,190 --> 00:02:26,780

we go from the known to the unknown

51
00:02:30,590 --> 00:02:28,200
you're right

52
00:02:33,110 --> 00:02:30,600
tibetan lamas voluntarily locked

53
00:02:35,990 --> 00:02:33,120
themselves into lightless underground

54
00:02:38,030 --> 00:02:36,000
cells for up to three years this is what

55
00:02:41,030 --> 00:02:38,040
you've discovered from a guy who's been

56
00:02:44,510 --> 00:02:41,040
there been to india have met with these

57
00:02:46,670 --> 00:02:44,520
people have enough of a credibility in

58
00:02:48,440 --> 00:02:46,680
terms of what you've done and your own

59
00:02:50,420 --> 00:02:48,450
spiritual journey to talk to these

60
00:02:53,570 --> 00:02:50,430
people on this level and to learn this

61
00:02:55,670 --> 00:02:53,580
stuff i'm returning to your email this

62
00:02:58,550 --> 00:02:55,680
would drive the average person insane

63
00:03:00,680 --> 00:02:58,560

but the purpose of the incarceration is

64

00:03:04,160 --> 00:03:00,690

among other things to develop the

65

00:03:06,350 --> 00:03:04,170

ability to soul travel like the spider

66

00:03:08,750 --> 00:03:06,360

who creates his own web we have this

67

00:03:11,270 --> 00:03:08,760

ability to because consciousness has

68

00:03:14,330 --> 00:03:11,280

this great range of flexibility we can

69

00:03:17,180 --> 00:03:14,340

create through our intention that's the

70

00:03:19,010 --> 00:03:17,190

key intentionality a bubble and

71

00:03:21,440 --> 00:03:19,020

ectoplasmic bubble if you will and we

72

00:03:25,430 --> 00:03:21,450

just you know we just travel in that

73

00:03:26,000 --> 00:03:25,440

powered by thought and intention stick

74

00:03:29,450 --> 00:03:26,010

around

75

00:03:32,410 --> 00:03:29,460

my interview with Steve Briggs is up

76

00:03:39,640 --> 00:03:32,420

next on skeptical

77

00:03:45,440 --> 00:03:42,440

today we welcome Steve Briggs to

78

00:03:47,929 --> 00:03:45,450

skeptical Steve is the author of India a

79

00:03:51,440 --> 00:03:47,939

mirror of truth a book that chronicles

80

00:03:55,280 --> 00:03:51,450

his amazing journey and experiences with

81

00:03:58,699 --> 00:03:55,290

a variety of Indian mystics Yogi's and

82

00:04:01,910 --> 00:03:58,709

otherwise just amazing people it's quite

83

00:04:05,360 --> 00:04:01,920

an incredible account and I'm super

84

00:04:07,550 --> 00:04:05,370

excited to have Steve join me today on

85

00:04:08,180 --> 00:04:07,560

skeptic Oh Steve welcome thanks for

86

00:04:10,430 --> 00:04:08,190

being here

87

00:04:11,920 --> 00:04:10,440

well thanks Alex it's a pleasure to be

88

00:04:13,970 --> 00:04:11,930

talking to you

89

00:04:15,559 --> 00:04:13,980
especially when you're in California and

90

00:04:17,539 --> 00:04:15,569
I'm out here in the cold out in the

91

00:04:20,840 --> 00:04:17,549
middle of Iowa and it's gonna be below

92

00:04:23,930 --> 00:04:20,850
zero for the rest of you so get a little

93

00:04:27,620 --> 00:04:23,940
sunshine from you well yeah I'll try and

94

00:04:30,740 --> 00:04:27,630
send it send it your way so Steve we met

95

00:04:33,560 --> 00:04:30,750
through your longtime friend and a guy I

96

00:04:35,779 --> 00:04:33,570
consider my friend Rick Archer who hosts

97

00:04:37,909 --> 00:04:35,789
a very excellent podcast that I

98

00:04:40,550 --> 00:04:37,919
reference frequently on this show called

99

00:04:43,250 --> 00:04:40,560
Buddha at the gas pump and since your

100

00:04:46,219 --> 00:04:43,260
relationship with Rick really leads

101
00:04:48,710 --> 00:04:46,229
right into your book I thought we might

102
00:04:50,450 --> 00:04:48,720
kind of start there with with your

103
00:04:53,600 --> 00:04:50,460
background how you know Rick and then

104
00:04:57,560 --> 00:04:53,610
the story of how you came to write this

105
00:05:00,770 --> 00:04:57,570
book Rick and I were on a meditation

106
00:05:03,950 --> 00:05:00,780
retreat I think it was in 1974 so that

107
00:05:05,990 --> 00:05:03,960
dates us way back I was in the French

108
00:05:07,250 --> 00:05:06,000
Alps and actually the Rick was leading

109
00:05:10,250 --> 00:05:07,260
the retreat there are a couple hundred

110
00:05:12,050 --> 00:05:10,260
of us mostly were Americans and so we

111
00:05:16,010 --> 00:05:12,060
got to know each other there we met and

112
00:05:17,960 --> 00:05:16,020
then both of us later on got married and

113
00:05:20,180 --> 00:05:17,970

our wives had been friends since they

114

00:05:23,330 --> 00:05:20,190

were teenagers so we have a long

115

00:05:25,490 --> 00:05:23,340

connection he's a great guy and if

116

00:05:28,250 --> 00:05:25,500

further thing was that for about ten

117

00:05:31,790 --> 00:05:28,260

years we were also on a was called a

118

00:05:34,219 --> 00:05:31,800

brahmachari program a single man kind of

119

00:05:37,339 --> 00:05:34,229

monkish program together and we traveled

120

00:05:39,320 --> 00:05:37,349

to philippines in india and and germany

121

00:05:41,959 --> 00:05:39,330

and switzerland over those so I got to

122

00:05:42,750 --> 00:05:41,969

know Rick really well and this is all in

123

00:05:46,770 --> 00:05:42,760

the

124

00:05:48,810 --> 00:05:46,780

service devotion to Maharishi this is in

125

00:05:51,150 --> 00:05:48,820

the context of marshy Mahesh Yogi's

126
00:05:53,220 --> 00:05:51,160
Transcendental Meditation program and I

127
00:05:56,310 --> 00:05:53,230
would say more in the direction of some

128
00:05:58,470 --> 00:05:56,320
of his advanced / programs which a lot

129
00:06:00,600 --> 00:05:58,480
of times is well known but we we did

130
00:06:02,640 --> 00:06:00,610
projects for him I did projects for

131
00:06:05,520 --> 00:06:02,650
marshy and in India for those seven

132
00:06:08,970 --> 00:06:05,530
years which was the genesis of the book

133
00:06:10,950 --> 00:06:08,980
I wrote and we we spent six months in

134
00:06:13,910 --> 00:06:10,960
the Philippines with President Marcos

135
00:06:16,530 --> 00:06:13,920
and all kinds of fun stuff interesting

136
00:06:18,480 --> 00:06:16,540
different kind of lifestyle that we had

137
00:06:22,050 --> 00:06:18,490
therefore I was on that program for I

138
00:06:24,000 --> 00:06:22,060

think 22 years so you know you're

139

00:06:29,010 --> 00:06:24,010

talking about it in a rather nonchalant

140

00:06:32,730 --> 00:06:29,020

way which is fine but this is completely

141

00:06:36,960 --> 00:06:32,740

outside of one your background you're an

142

00:06:39,320 --> 00:06:36,970

MBA it's outside especially at that time

143

00:06:43,260 --> 00:06:39,330

although there was this kind of

144

00:06:45,930 --> 00:06:43,270

spiritual uprising in in the u.s.

145

00:06:49,290 --> 00:06:45,940

especially as it related to India and

146

00:06:52,640 --> 00:06:49,300

that was all mainly driven by Maharishi

147

00:06:55,470 --> 00:06:52,650

so I mean take us back to that time and

148

00:06:59,070 --> 00:06:55,480

what that whole experience was for you

149

00:07:01,410 --> 00:06:59,080

at the time and and then again you just

150

00:07:07,140 --> 00:07:01,420

touched on how that led to you writing

151
00:07:09,090 --> 00:07:07,150
this book take us through that well Alex

152
00:07:13,200 --> 00:07:09,100
I got into meditation to become a better

153
00:07:16,170 --> 00:07:13,210
tennis player this is why I was 519 just

154
00:07:17,700 --> 00:07:16,180
a freshman at college University of

155
00:07:19,260 --> 00:07:17,710
Arizona on a tennis scholarship in

156
00:07:21,180 --> 00:07:19,270
tennis meant the world to me then it's

157
00:07:25,020 --> 00:07:21,190
still still my occupation

158
00:07:27,630 --> 00:07:25,030
I teach tennis but what I found when I

159
00:07:29,580 --> 00:07:27,640
immediately started to meditate was that

160
00:07:31,530 --> 00:07:29,590
my game have got better I felt better

161
00:07:33,180 --> 00:07:31,540
about myself I felt more confident I

162
00:07:36,060 --> 00:07:33,190
felt more coordinated physically

163
00:07:39,330 --> 00:07:36,070

mentally and that led me to really want

164

00:07:43,250 --> 00:07:39,340

to dig deeper yeah we were just coming

165

00:07:47,760 --> 00:07:43,260

out of the late 60s for me that was

166

00:07:49,740 --> 00:07:47,770

learning TM was saying in 1972 and so

167

00:07:51,840 --> 00:07:49,750

there's big transition going on in

168

00:07:54,000 --> 00:07:51,850

America and everybody was trying to wake

169

00:07:56,760 --> 00:07:54,010

up to new new principles and new

170

00:07:58,200 --> 00:07:56,770

cultural values and so I learned TM and

171

00:08:01,080 --> 00:07:58,210

within nine months I ran off to

172

00:08:03,450 --> 00:08:01,090

Switzerland to to become a quote teacher

173

00:08:05,760 --> 00:08:03,460

of meditation with Maharshi up in the

174

00:08:08,640 --> 00:08:05,770

Alps he came several times spent some

175

00:08:11,909 --> 00:08:08,650

time with us and then things developed a

176

00:08:14,460 --> 00:08:11,919

few years later he was looking for a

177

00:08:18,510 --> 00:08:14,470

couple people to go to India and and

178

00:08:22,710 --> 00:08:18,520

teach some courses to corporate people I

179

00:08:26,100 --> 00:08:22,720

think it was in 1981 or 82 India began -

180

00:08:28,050 --> 00:08:26,110

sorry 91 92 began to shift from a

181

00:08:30,210 --> 00:08:28,060

socialist orientation culturally and

182

00:08:32,339 --> 00:08:30,220

economically they wanted to open their

183

00:08:35,070 --> 00:08:32,349

markets and marshy wanted to just jump

184

00:08:37,110 --> 00:08:35,080

right in there and and get some

185

00:08:40,079 --> 00:08:37,120

creativity get some energy get some

186

00:08:42,300 --> 00:08:40,089

leadership for that move he thought it

187

00:08:44,730 --> 00:08:42,310

was a good thing so he sent us over and

188

00:08:48,090 --> 00:08:44,740

we started teaching corporate meditation

189

00:08:50,100 --> 00:08:48,100

courses to all kinds of Indian leaders

190

00:08:52,949 --> 00:08:50,110

really interesting people really of the

191

00:08:54,870 --> 00:08:52,959

forefathers of what we see as far as the

192

00:08:56,400 --> 00:08:54,880

economic growth in the country today so

193

00:08:59,579 --> 00:08:56,410

we were over there teaching all over the

194

00:09:02,670 --> 00:08:59,589

country every big city every everywhere

195

00:09:03,690 --> 00:09:02,680

on the coast fountains in Tamil Nadu we

196

00:09:05,639 --> 00:09:03,700

were up in the Himalayas we were

197

00:09:08,370 --> 00:09:05,649

everywhere teaching but whenever we

198

00:09:10,710 --> 00:09:08,380

didn't have a course very often we'd run

199

00:09:13,440 --> 00:09:10,720

off to see the Saints we should run off

200

00:09:14,730 --> 00:09:13,450

when we go especially in the summertime

201
00:09:16,110 --> 00:09:14,740
when it was hot we go up in the

202
00:09:18,090 --> 00:09:16,120
mountains we go up in the Himalayas and

203
00:09:21,000 --> 00:09:18,100
we'd spend two three weeks at the source

204
00:09:23,460 --> 00:09:21,010
of the Ganges we would go to all the

205
00:09:24,960 --> 00:09:23,470
holy pilgrimage spots and you know and

206
00:09:26,940 --> 00:09:24,970
naturally along the way you'd meet some

207
00:09:29,760 --> 00:09:26,950
pretty unusual people so that was sort

208
00:09:31,769 --> 00:09:29,770
of how it all started and it we had no

209
00:09:33,090 --> 00:09:31,779
idea when we jumped on board to go to

210
00:09:35,880 --> 00:09:33,100
India that we were going to be there for

211
00:09:38,610 --> 00:09:35,890
seven years but it was absolutely the

212
00:09:40,800 --> 00:09:38,620
best time of my life I absolutely and

213
00:09:42,569 --> 00:09:40,810

the reason I wrote the book Alex is

214

00:09:45,420 --> 00:09:42,579

because when I got back from India I

215

00:09:47,069 --> 00:09:45,430

missed it so much I got back I had to

216

00:09:49,590 --> 00:09:47,079

leave India I got very very sick after

217

00:09:51,120 --> 00:09:49,600

seven years if people been to India know

218

00:09:53,490 --> 00:09:51,130

it's a little bit hard on your body and

219

00:09:55,769 --> 00:09:53,500

I got quite sick and I went physician

220

00:09:58,860 --> 00:09:55,779

said don't go back for two years you you

221

00:10:02,130 --> 00:09:58,870

can't risk that so I didn't but the same

222

00:10:04,949 --> 00:10:02,140

time I was missing it so I started

223

00:10:08,160 --> 00:10:04,959

writing about it and in my book you you

224

00:10:10,230 --> 00:10:08,170

mentioned is what came out of that you

225

00:10:11,970 --> 00:10:10,240

know the book and you've written

226

00:10:13,560 --> 00:10:11,980

two books and we probably won't have a

227

00:10:16,340 --> 00:10:13,570

chance to talk much about the other one

228

00:10:18,630 --> 00:10:16,350

but what is the name of the other book

229

00:10:21,540 --> 00:10:18,640

the other one is called the tale of the

230

00:10:24,720 --> 00:10:21,550

Himalayan Yogi's and that's a novel it's

231

00:10:27,510 --> 00:10:24,730

also you know the Himalayas for me was

232

00:10:30,360 --> 00:10:27,520

such a transformative experience not

233

00:10:32,519 --> 00:10:30,370

just visually but everywhere I went they

234

00:10:34,800 --> 00:10:32,529

the holy rivers up there and and the

235

00:10:37,260 --> 00:10:34,810

incredible people I met and not just

236

00:10:38,910 --> 00:10:37,270

saintly people but the villagers and the

237

00:10:40,829 --> 00:10:38,920

people who just live there and farm

238

00:10:43,980 --> 00:10:40,839

there and and have been there for

239

00:10:45,420 --> 00:10:43,990

generations it's just an incredibly you

240

00:10:48,360 --> 00:10:45,430

don't feel like you're on planet Earth

241

00:10:49,829 --> 00:10:48,370

to be honest so yeah I definitely get

242

00:10:53,090 --> 00:10:49,839

that sense and a lot of people get that

243

00:10:56,010 --> 00:10:53,100

sense in talking to people like you or

244

00:10:57,780 --> 00:10:56,020

meeting you know some of these mystics

245

00:10:59,610 --> 00:10:57,790

that come over to the United States some

246

00:11:00,900 --> 00:10:59,620

of these Yogi's and I guess that's why I

247

00:11:03,780 --> 00:11:00,910

want to kind of have you on

248

00:11:06,630 --> 00:11:03,790

you know because not so much to talk

249

00:11:09,180 --> 00:11:06,640

really directly about the book although

250

00:11:10,530 --> 00:11:09,190

as much of I've as I've read of the book

251

00:11:12,300 --> 00:11:10,540

I can say it's excellent really

252

00:11:14,579 --> 00:11:12,310

well-written I can't believe I thank you

253

00:11:16,530 --> 00:11:14,589

it's such a book and then you've written

254

00:11:19,139 --> 00:11:16,540

a fiction book on top of that quite an

255

00:11:20,760 --> 00:11:19,149

accomplishment but what I really wanted

256

00:11:22,199 --> 00:11:20,770

to talk about and what I want to just

257

00:11:26,990 --> 00:11:22,209

kind of invite you into this

258

00:11:30,300 --> 00:11:27,000

conversation is to get some of that

259

00:11:31,319 --> 00:11:30,310

experience that you have and relate it

260

00:11:33,960 --> 00:11:31,329

to some of the things that I've been

261

00:11:37,110 --> 00:11:33,970

poking into so I got interested in

262

00:11:39,990 --> 00:11:37,120

looking at this extended consciousness

263

00:11:42,180 --> 00:11:40,000

stuff through skeptic oh and I wanted to

264

00:11:44,550 --> 00:11:42,190

stay really close to the science so I

265

00:11:46,920 --> 00:11:44,560

started with parapsychology because

266

00:11:49,920 --> 00:11:46,930

that's really safe in its science II and

267

00:11:52,410 --> 00:11:49,930

then I got into looking at peer-reviewed

268

00:11:54,540 --> 00:11:52,420

near-death experience zones because

269

00:11:56,639 --> 00:11:54,550

again you know it was in this extended

270

00:11:58,980 --> 00:11:56,649

consciousness realm but I could still

271

00:12:01,319 --> 00:11:58,990

talk about it from a very science II

272

00:12:04,019 --> 00:12:01,329

kind of perspective in all the wrong but

273

00:12:07,079 --> 00:12:04,029

in the back of my mind I'm thinking I'm

274

00:12:08,880 --> 00:12:07,089

a yogi I mean I'm a long time anyone's a

275

00:12:10,650 --> 00:12:08,890

yogi who says they're a yogi and I

276

00:12:12,389 --> 00:12:10,660

practiced yoga for thirty years I've

277

00:12:16,290 --> 00:12:12,399

always been a student of yoga I've been

278

00:12:18,240 --> 00:12:16,300

a meditator so whatever someone wants to

279

00:12:19,980 --> 00:12:18,250

advances their credentials I don't have

280

00:12:23,100 --> 00:12:19,990

a lot of credentials but I still

281

00:12:23,740 --> 00:12:23,110

consider that perspective as being

282

00:12:27,400 --> 00:12:23,750

central

283

00:12:28,840 --> 00:12:27,410

to Who I am so I always felt like there

284

00:12:31,810 --> 00:12:28,850

were these two kind of things going on I

285

00:12:33,250 --> 00:12:31,820

wanted to explore the science side but I

286

00:12:36,010 --> 00:12:33,260

always had in the back of my mind that

287

00:12:38,770 --> 00:12:36,020

there are these people out there that

288

00:12:41,290 --> 00:12:38,780

just blow all this stuff away in a way

289

00:12:43,300 --> 00:12:41,300

that we can't really explain and when we

290

00:12:46,420 --> 00:12:43,310

do try and explain it comes out as

291

00:12:49,540 --> 00:12:46,430

either fake like someone's just making

292

00:12:52,630 --> 00:12:49,550

it up or it comes out as so fantastic

293

00:12:53,980 --> 00:12:52,640

that people can't really grab it so here

294

00:12:56,350 --> 00:12:53,990

was kind of the breaking point that

295

00:12:58,720 --> 00:12:56,360

really led me to you I've gotten

296

00:13:02,350 --> 00:12:58,730

interested and I always have been but

297

00:13:04,870 --> 00:13:02,360

I've read my interest in the et stuff

298

00:13:07,060 --> 00:13:04,880

and primarily because a buddy of mine

299

00:13:09,720 --> 00:13:07,070

ray Hernandez who's been working for a

300

00:13:13,000 --> 00:13:09,730

long time in setting up this

301
00:13:15,700 --> 00:13:13,010
organization with former astronaut Edgar

302
00:13:19,210 --> 00:13:15,710
Mitchell dr. Edgar Mitchell and who also

303
00:13:22,330 --> 00:13:19,220
founded ions and these guys decided a

304
00:13:23,860 --> 00:13:22,340
few years ago that the UFO research

305
00:13:26,320 --> 00:13:23,870
thing was really headed in the wrong

306
00:13:30,010 --> 00:13:26,330
direction and what they needed to do was

307
00:13:33,520 --> 00:13:30,020
focus on experiencers people who've had

308
00:13:36,430 --> 00:13:33,530
contact with et and even though that

309
00:13:37,990 --> 00:13:36,440
sounds very strange to people they

310
00:13:40,090 --> 00:13:38,000
decided that they were going to approach

311
00:13:43,350 --> 00:13:40,100
it in a very scientific way as

312
00:13:44,910 --> 00:13:43,360
scientific as they could with a very

313
00:13:47,890 --> 00:13:44,920

well-designed

314

00:13:51,130 --> 00:13:47,900

scientific survey to try and understand

315

00:13:55,450 --> 00:13:51,140

these experiences and the net result of

316

00:13:59,200 --> 00:13:55,460

that Steve is this movement among that

317

00:14:02,920 --> 00:13:59,210

community to kind of recast these

318

00:14:05,920 --> 00:14:02,930

contact experiences as spiritually

319

00:14:08,140 --> 00:14:05,930

transformative experiences because

320

00:14:11,100 --> 00:14:08,150

that's kind of where they go they line

321

00:14:15,250 --> 00:14:11,110

up with the near-death experience

322

00:14:19,240 --> 00:14:15,260

experiences and that's the point where I

323

00:14:21,370 --> 00:14:19,250

jumped ship and said wait a minute what

324

00:14:24,730 --> 00:14:21,380

are we looking at here when we're

325

00:14:27,220 --> 00:14:24,740

starting to call these experiences

326

00:14:29,200 --> 00:14:27,230

genuine spiritual eix spiritual

327

00:14:31,540 --> 00:14:29,210

experiences are these somehow

328

00:14:34,420 --> 00:14:31,550

counterfeited spiritual experiences and

329

00:14:37,550 --> 00:14:34,430

then that caused me to re-examine

330

00:14:40,340 --> 00:14:37,560

whether any a spiritual experience

331

00:14:43,340 --> 00:14:40,350

is genuine or whether we're

332

00:14:46,640 --> 00:14:43,350

counterfeiting all of them and that's

333

00:14:48,860 --> 00:14:46,650

the time that I very fortunately ran

334

00:14:52,610 --> 00:14:48,870

into the excellent interview you did

335

00:14:57,530 --> 00:14:52,620

with Rick on that gap and I said this

336

00:15:00,800 --> 00:14:57,540

guy is perfect to really add some some

337

00:15:03,200 --> 00:15:00,810

meat and substance to these folks out

338

00:15:07,250 --> 00:15:03,210

there these Indian Yogi's and mystics

339

00:15:09,769 --> 00:15:07,260

who and add adepts who just have maybe

340

00:15:13,370 --> 00:15:09,779

found a way to manipulate this extended

341

00:15:16,610 --> 00:15:13,380

consciousness in a way that will inform

342

00:15:21,200 --> 00:15:16,620

some of these issues so I've talked for

343

00:15:24,650 --> 00:15:21,210

a super long time but I did want to set

344

00:15:26,600 --> 00:15:24,660

that up as a background and then where I

345

00:15:29,990 --> 00:15:26,610

wanted to kind of lead you is all the

346

00:15:31,630 --> 00:15:30,000

way back to your story and talk about

347

00:15:35,450 --> 00:15:31,640

tennis okay

348

00:15:37,700 --> 00:15:35,460

because in your interview with Rick you

349

00:15:40,810 --> 00:15:37,710

guys opened it up in really kind of a

350

00:15:44,000 --> 00:15:40,820

cool way in talking about tennis and you

351
00:15:47,690 --> 00:15:44,010
Steve related it back to even an earlier

352
00:15:49,610 --> 00:15:47,700
experience you had as a kid that you

353
00:15:51,470 --> 00:15:49,620
want to talk about that experience in

354
00:15:54,110 --> 00:15:51,480
that first extraordinary kind of

355
00:15:58,730 --> 00:15:54,120
extended consciousness experience be

356
00:16:02,870 --> 00:15:58,740
happy to it's my my pet theory that

357
00:16:05,240 --> 00:16:02,880
anyone who dedicates themselves to or is

358
00:16:10,070 --> 00:16:05,250
passionate about something whether it's

359
00:16:14,240 --> 00:16:10,080
dance or art or astronomy or tennis

360
00:16:16,370 --> 00:16:14,250
soccer that if they or chanting the

361
00:16:19,700 --> 00:16:16,380
Vedas if you focus yourself and are

362
00:16:21,260 --> 00:16:19,710
dedicated to it you develop your your

363
00:16:23,480 --> 00:16:21,270

consciousness you're developing yourself

364

00:16:25,460 --> 00:16:23,490

and as I got started with tennis when I

365

00:16:27,470 --> 00:16:25,470

was I don't think six years old my

366

00:16:29,420 --> 00:16:27,480

brother was eight our father had been a

367

00:16:31,940 --> 00:16:29,430

state champion so as soon as we were old

368

00:16:34,160 --> 00:16:31,950

enough the racquets came from the

369

00:16:35,810 --> 00:16:34,170

department store and by the for the

370

00:16:37,400 --> 00:16:35,820

first day we went out and played two

371

00:16:39,079 --> 00:16:37,410

girls who were three years older than us

372

00:16:40,940 --> 00:16:39,089

state we didn't get a game you know they

373

00:16:42,440 --> 00:16:40,950

were I was six years old and we didn't

374

00:16:43,910 --> 00:16:42,450

know that they were the City champs but

375

00:16:45,199 --> 00:16:43,920

they you know I thought I don't care I'm

376

00:16:47,000 --> 00:16:45,209

gonna beat those girls you know and

377

00:16:50,350 --> 00:16:47,010

about you know in a short period of time

378

00:16:52,150 --> 00:16:50,360

and so we really you know took to it and

379

00:16:54,130 --> 00:16:52,160

I had a brother who was equally

380

00:16:57,250 --> 00:16:54,140

interested we just played and played and

381

00:16:58,449 --> 00:16:57,260

played all summer everyday within a

382

00:17:00,340 --> 00:16:58,459

couple years we were playing national

383

00:17:02,470 --> 00:17:00,350

tournaments now we had the help of a

384

00:17:04,030 --> 00:17:02,480

father who who knew how to play there

385

00:17:06,039 --> 00:17:04,040

were no coaches there weren't even in

386

00:17:08,740 --> 00:17:06,049

indoor courts in our town in the Midwest

387

00:17:10,689 --> 00:17:08,750

in Illinois Rock Island but as time went

388

00:17:14,829 --> 00:17:10,699

by we developed we were pretty good

389

00:17:16,750 --> 00:17:14,839

athletes and by the time I was 15 I was

390

00:17:19,929 --> 00:17:16,760

playing on the Centre Court in the

391

00:17:22,120 --> 00:17:19,939

United States the USTA national Junior

392

00:17:23,980 --> 00:17:22,130

Championships I was playing I think he's

393

00:17:26,679 --> 00:17:23,990

10th or 12th ranked player in the

394

00:17:28,449 --> 00:17:26,689

country from Southern California and the

395

00:17:30,760 --> 00:17:28,459

match was nip and tuck who he could have

396

00:17:32,560 --> 00:17:30,770

gone either way and I was struggling in

397

00:17:34,180 --> 00:17:32,570

the match because they were these red

398

00:17:35,470 --> 00:17:34,190

white and blue banners it was the

399

00:17:37,960 --> 00:17:35,480

national championship so they had these

400

00:17:39,640 --> 00:17:37,970

banners behind the court tennis balls

401

00:17:42,070 --> 00:17:39,650

back then were white and I couldn't

402

00:17:43,960 --> 00:17:42,080

couldn't see the ball very well in with

403

00:17:45,400 --> 00:17:43,970

the white part of the background so I

404

00:17:47,020 --> 00:17:45,410

was trying to figure out this guy be

405

00:17:49,480 --> 00:17:47,030

some way that I can pick up his serve

406

00:17:52,210 --> 00:17:49,490

better so that I can you know play a

407

00:17:54,130 --> 00:17:52,220

better match and as I focused deeper and

408

00:17:55,840 --> 00:17:54,140

deeper and got more resolved that I got

409

00:17:59,200 --> 00:17:55,850

I could figure this out because we're

410

00:18:01,480 --> 00:17:59,210

down to crunch time suddenly and

411

00:18:02,919 --> 00:18:01,490

gradually a shift started to occur and

412

00:18:04,840 --> 00:18:02,929

there was a lot of different ways that I

413

00:18:08,020 --> 00:18:04,850

could describe that shift and one was

414

00:18:10,450 --> 00:18:08,030

everything slowed down it seemed like my

415

00:18:12,520 --> 00:18:10,460

decision-making head I had a lot more

416

00:18:14,470 --> 00:18:12,530

time to decide what I wanted to do with

417

00:18:17,950 --> 00:18:14,480

the ball his shots seemed to slow down

418

00:18:19,690 --> 00:18:17,960

the ball was bigger and sometimes the

419

00:18:21,159 --> 00:18:19,700

tennis players on the Pro Tour they

420

00:18:23,799 --> 00:18:21,169

described the tennis ball was as big as

421

00:18:26,080 --> 00:18:23,809

a as a cantaloupe it's just that and

422

00:18:27,970 --> 00:18:26,090

it's it's the same ball there's nothing

423

00:18:29,710 --> 00:18:27,980

different Alex in the same dimensions in

424

00:18:31,360 --> 00:18:29,720

the court in the same racket maybe the

425

00:18:34,930 --> 00:18:31,370

sun's bright or maybe the winds blowing

426

00:18:37,240 --> 00:18:34,940

but all that this specifics are the same

427

00:18:39,840 --> 00:18:37,250

but suddenly there was a shift very

428

00:18:44,140 --> 00:18:39,850

clear inside of me and that shift

429

00:18:45,760 --> 00:18:44,150

translated into a better play and back

430

00:18:46,180 --> 00:18:45,770

then we talked about as being in the

431

00:18:47,950 --> 00:18:46,190

zone

432

00:18:49,480 --> 00:18:47,960

and sometimes we tease each other you're

433

00:18:51,370 --> 00:18:49,490

playing up in the trees that's that was

434

00:18:54,690 --> 00:18:51,380

a 70 story you're up in the trees here

435

00:18:58,180 --> 00:18:54,700

like an ape or something and so that

436

00:19:00,220 --> 00:18:58,190

wasn't just me feeling happy inside that

437

00:19:02,260 --> 00:19:00,230

I'm this is cool and I'm witnessing or

438

00:19:04,200 --> 00:19:02,270

I'm I'm not involved and I'm playing but

439

00:19:05,970 --> 00:19:04,210

I actually won the match because of it

440

00:19:09,270 --> 00:19:05,980

so there was a concrete you know

441

00:19:11,610 --> 00:19:09,280

practical result to this shift in at

442

00:19:13,950 --> 00:19:11,620

least from my point of view and as time

443

00:19:14,850 --> 00:19:13,960

went by people in athletics and in other

444

00:19:17,150 --> 00:19:14,860

areas

445

00:19:19,650 --> 00:19:17,160

ballet whatever you want to look at

446

00:19:21,900 --> 00:19:19,660

soccer they began to talk about these

447

00:19:24,720 --> 00:19:21,910

fields of consciousness and how they

448

00:19:27,510 --> 00:19:24,730

impact sports performance or or any

449

00:19:29,160 --> 00:19:27,520

performance no if you're not thinking

450

00:19:31,230 --> 00:19:29,170

clearly you're not going to be a very

451

00:19:32,640 --> 00:19:31,240

good physicist that day if you're if

452

00:19:34,620 --> 00:19:32,650

you've had a good meditation you've had

453

00:19:36,840 --> 00:19:34,630

a good night's sleep or whatever you may

454

00:19:39,150 --> 00:19:36,850

have some insights you know you may you

455

00:19:40,860 --> 00:19:39,160

know do something brilliant you know the

456

00:19:43,740 --> 00:19:40,870

one I I threw out to you in the email

457

00:19:45,180 --> 00:19:43,750

exchange and this always interest me in

458

00:19:47,910 --> 00:19:45,190

a couple of different levels but in

459

00:19:50,310 --> 00:19:47,920

baseball if you really do the math on a

460

00:19:53,550 --> 00:19:50,320

hundred mile an hour fastball there is

461

00:19:55,170 --> 00:19:53,560

no way that anyone should ever hit that

462

00:19:57,320 --> 00:19:55,180

and they kind of fudged the numbers that

463

00:19:59,610 --> 00:19:57,330

make it got it well if you could in two

464

00:20:01,530 --> 00:19:59,620

milliseconds you know it doesn't make

465

00:20:03,180 --> 00:20:01,540

any sense because you were relating it

466

00:20:07,200 --> 00:20:03,190

to a lot of different things the net-net

467

00:20:10,800 --> 00:20:07,210

for me is that reality is a lot more

468

00:20:13,110 --> 00:20:10,810

flexible than we think and you found a

469

00:20:14,730 --> 00:20:13,120

way and you found multiple ways one in

470

00:20:16,560 --> 00:20:14,740

tennis and then that's probably what

471

00:20:19,580 --> 00:20:16,570

opened you up to a more of an interest

472

00:20:22,440 --> 00:20:19,590

in meditation to understanding the

473

00:20:23,700 --> 00:20:22,450

flexibility of reality and I relate it

474

00:20:26,070 --> 00:20:23,710

back to you know I was talking about

475

00:20:27,720 --> 00:20:26,080

parapsychology one of the first guys I

476

00:20:30,270 --> 00:20:27,730

talked to and things I got interested in

477

00:20:33,560 --> 00:20:30,280

was a Dean Radin at ions who's done this

478

00:20:35,610 --> 00:20:33,570

in dr. Dean Radin incredible

479

00:20:37,770 --> 00:20:35,620

peer-reviewed multiple times multiple

480

00:20:40,260 --> 00:20:37,780

labs over and over again this

481

00:20:43,260 --> 00:20:40,270

presentiment effect where people are

482

00:20:46,140 --> 00:20:43,270

shown this image and they have the

483

00:20:49,140 --> 00:20:46,150

natural ability to know their body knows

484

00:20:50,700 --> 00:20:49,150

and responds before the image is shown

485

00:20:53,330 --> 00:20:50,710

whether they're going to be some kind of

486

00:20:57,180 --> 00:20:53,340

graphic violent image or just some

487

00:21:00,180 --> 00:20:57,190

pastoral got a nice calm thing and I

488

00:21:02,850 --> 00:21:00,190

said you know isn't that like in the lab

489

00:21:04,770 --> 00:21:02,860

a demonstration of the flexibility of

490

00:21:07,470 --> 00:21:04,780

reality and then there you are

491

00:21:09,630 --> 00:21:07,480

experiencing it on the tennis court and

492

00:21:10,950 --> 00:21:09,640

then you're relating it to people who

493

00:21:12,840 --> 00:21:10,960

have downloads and all this other stuff

494

00:21:14,880 --> 00:21:12,850

but what if we take a step back I just

495

00:21:17,910 --> 00:21:14,890

would love you for you to comment on

496

00:21:21,600 --> 00:21:17,920

this idea if we fully embrace

497

00:21:24,150 --> 00:21:21,610

the idea that reality is flexible in all

498

00:21:25,860 --> 00:21:24,160

these different ways that's kind of

499

00:21:30,180 --> 00:21:25,870

uncomfortable too I mean what is what

500

00:21:32,040 --> 00:21:30,190

does that mean I love that term reality

501

00:21:34,320 --> 00:21:32,050

is flexible but I believe it's

502

00:21:37,800 --> 00:21:34,330

infinitely flexible it has no limit to

503

00:21:39,000 --> 00:21:37,810

its pliability and I hope we can you

504

00:21:41,250 --> 00:21:39,010

know delve into that a little bit more

505

00:21:43,950 --> 00:21:41,260

later on but one example of that

506

00:21:45,840 --> 00:21:43,960

flexibility is I had I don't know if you

507

00:21:47,520 --> 00:21:45,850

want to call it precognitive but I knew

508

00:21:49,410 --> 00:21:47,530

what my opponent in this match that I

509

00:21:50,730 --> 00:21:49,420

was referencing I knew what my opponent

510

00:21:53,970 --> 00:21:50,740

was gonna where he was gonna hit his

511

00:21:55,980 --> 00:21:53,980

serve once my awareness well I had

512

00:21:58,050 --> 00:21:55,990

shifted into this what I would call out

513

00:22:00,720 --> 00:21:58,060

of more quantum mechanical state a more

514

00:22:03,570 --> 00:22:00,730

holistic state of awareness less tense

515

00:22:06,360 --> 00:22:03,580

state of mind just more fluid then

516

00:22:08,550 --> 00:22:06,370

suddenly great things were happening and

517

00:22:10,620 --> 00:22:08,560

it was like hey it's like I'm a man

518

00:22:13,710 --> 00:22:10,630

playing against a child I had this

519

00:22:15,480 --> 00:22:13,720

advanced inside information and it's

520

00:22:18,360 --> 00:22:15,490

like being an insider on Wall Street how

521

00:22:21,570 --> 00:22:18,370

can you lose you know so I don't care

522

00:22:23,730 --> 00:22:21,580

for the analogy but anyway that's how I

523

00:22:25,080 --> 00:22:23,740

felt and that's what the result was and

524

00:22:27,090 --> 00:22:25,090

I you know I won that match and went on

525

00:22:30,830 --> 00:22:27,100

to you know get a top 15 ranking in the

526

00:22:34,170 --> 00:22:30,840

country based on one hour of

527

00:22:36,120 --> 00:22:34,180

transcendent experience and then you use

528

00:22:37,590 --> 00:22:36,130

that I love how the story goes the coach

529

00:22:40,080 --> 00:22:37,600

is getting mad because you were teaching

530

00:22:43,740 --> 00:22:40,090

everyone TM everyone is meditating and

531

00:22:47,220 --> 00:22:43,750

it was effective in your success on the

532

00:22:49,770 --> 00:22:47,230

court we we had all my college buddies

533

00:22:52,110 --> 00:22:49,780

we had a varsity of eight players and

534

00:22:55,800 --> 00:22:52,120

five of eight guys learned to meditate

535

00:22:57,180 --> 00:22:55,810

the year that I became a teacher my

536

00:22:59,700 --> 00:22:57,190

brother was there including my brother

537

00:23:01,980 --> 00:22:59,710

my doubles partner and we we went on to

538

00:23:05,400 --> 00:23:01,990

win three conference championships and

539

00:23:07,440 --> 00:23:05,410

three top-ten NCAA finishes and we were

540

00:23:08,640 --> 00:23:07,450

having a blast you know we were all free

541

00:23:10,560 --> 00:23:08,650

we were a couple guys Southern

542

00:23:12,360 --> 00:23:10,570

California surfer bums that they were

543

00:23:14,970 --> 00:23:12,370

they've took to it really easily and and

544

00:23:16,620 --> 00:23:14,980

so the only downside was our coach kept

545

00:23:18,240 --> 00:23:16,630

saying hey how come you guys never come

546

00:23:18,900 --> 00:23:18,250

down and have coffee with me and at the

547

00:23:21,000 --> 00:23:18,910

hotel

548

00:23:23,490 --> 00:23:21,010

for breakfast because we were all up in

549

00:23:25,230 --> 00:23:23,500

our rooms doing our dutifully doing 20

550

00:23:28,710 --> 00:23:25,240

minutes of annotation you know before we

551
00:23:31,169 --> 00:23:28,720
showed up so so let's skip ahead in the

552
00:23:34,139 --> 00:23:31,179
story and now

553
00:23:37,859 --> 00:23:34,149
you're it's natural that you would be

554
00:23:40,349 --> 00:23:37,869
drawn drawn to Maharishi and the TM

555
00:23:42,719 --> 00:23:40,359
stuff works for you and then as you said

556
00:23:44,459 --> 00:23:42,729
he's an interesting figure and we're

557
00:23:46,879 --> 00:23:44,469
gonna pull that apart a little bit

558
00:23:50,909 --> 00:23:46,889
because one of the things I love about

559
00:23:53,879 --> 00:23:50,919
Rick and about you and listening to to

560
00:23:56,700 --> 00:23:53,889
you is you know there's some shadiness

561
00:23:59,729 --> 00:23:56,710
to Maharishi there always has been and

562
00:24:03,089 --> 00:23:59,739
I'm always leery of people who won't own

563
00:24:06,329 --> 00:24:03,099

that and both of you guys have found a

564

00:24:08,579 --> 00:24:06,339

way to own that take the good leave the

565

00:24:11,329 --> 00:24:08,589

bed try and understand it at a deeper

566

00:24:13,619 --> 00:24:11,339

level without running from it or just

567

00:24:15,599 --> 00:24:13,629

pretending like it didn't exist and

568

00:24:18,209 --> 00:24:15,609

those are always litmus tests for me

569

00:24:19,709 --> 00:24:18,219

because when people can't own that then

570

00:24:22,799 --> 00:24:19,719

it's like there's another part of the

571

00:24:24,570 --> 00:24:22,809

shadow that we can't we can't penetrate

572

00:24:26,579 --> 00:24:24,580

do you do you want to address that in a

573

00:24:30,289 --> 00:24:26,589

general yeah I'd be happy to talk about

574

00:24:33,329 --> 00:24:30,299

it sure you know I think I have maybe

575

00:24:35,129 --> 00:24:33,339

potential for a little bit of a decent

576

00:24:37,339 --> 00:24:35,139

reasonable insight because of seven

577

00:24:40,820 --> 00:24:37,349

years I was in India and then the 40

578

00:24:43,200 --> 00:24:40,830

whatever 40-plus years that I've been

579

00:24:45,899 --> 00:24:43,210

interacting with with the Guru figures

580

00:24:47,669 --> 00:24:45,909

and so forth so if we look at a little

581

00:24:49,379 --> 00:24:47,679

bit from the Indian cultural point of

582

00:24:52,529 --> 00:24:49,389

view just as a general picture and then

583

00:24:55,469 --> 00:24:52,539

we can hone in on specific stuff my

584

00:24:57,690 --> 00:24:55,479

experience in today's Indian culture and

585

00:25:01,709 --> 00:24:57,700

Hindu culture Vedic culture it has a

586

00:25:03,060 --> 00:25:01,719

male bias boys are raised in the sense

587

00:25:05,759 --> 00:25:03,070

that they can't really do anything wrong

588

00:25:07,349 --> 00:25:05,769

they're their princes and that that has

589

00:25:08,669 --> 00:25:07,359

its positive so if they grew up with

590

00:25:11,029 --> 00:25:08,679

confidence and they believe that they

591

00:25:13,469 --> 00:25:11,039

can do all the things that their parents

592

00:25:16,379 --> 00:25:13,479

give them the sense that they can do

593

00:25:18,690 --> 00:25:16,389

girls on the other hand are kept in the

594

00:25:21,690 --> 00:25:18,700

house and and domesticated more and I

595

00:25:23,519 --> 00:25:21,700

think that that paradigm is changing I

596

00:25:26,129 --> 00:25:23,529

don't want to kind of stereotype it too

597

00:25:29,009 --> 00:25:26,139

severely but I think a lot of the groove

598

00:25:32,869 --> 00:25:29,019

figures that we've grown up with in the

599

00:25:37,950 --> 00:25:32,879

past 50 years come out of that cultural

600

00:25:40,019 --> 00:25:37,960

background that paradigm so if you look

601
00:25:43,399 --> 00:25:40,029
at goos in India a lot of times they're

602
00:25:44,760 --> 00:25:43,409
called God men and that's an amazingly

603
00:25:47,820 --> 00:25:44,770
broad

604
00:25:49,170 --> 00:25:47,830
to apply to any human being so we get

605
00:25:52,290 --> 00:25:49,180
that a little bit of background that

606
00:25:55,230 --> 00:25:52,300
maybe they are as human beings a lot of

607
00:25:57,810 --> 00:25:55,240
the guru figures are possibly puffed up

608
00:26:01,200 --> 00:25:57,820
a little bit more than then they really

609
00:26:02,670 --> 00:26:01,210
should be and whether a particular guru

610
00:26:04,580 --> 00:26:02,680
or not is in the highest state of

611
00:26:07,230 --> 00:26:04,590
enlightenment I certainly am not

612
00:26:09,750 --> 00:26:07,240
qualified to comment I can only judge

613
00:26:12,930 --> 00:26:09,760

their actions they're my interactions

614

00:26:14,850 --> 00:26:12,940

with them the work they do the clarity

615

00:26:18,620 --> 00:26:14,860

of their mind as they speak and so forth

616

00:26:22,590 --> 00:26:18,630

and what I found is that yes I really

617

00:26:24,420 --> 00:26:22,600

have felt like I learned to take the

618

00:26:28,560 --> 00:26:24,430

good and discard what I didn't you know

619

00:26:30,720 --> 00:26:28,570

didn't find to be so good but hold on

620

00:26:32,970 --> 00:26:30,730

cuz let me you know we're kind of

621

00:26:34,320 --> 00:26:32,980

dancing around things here okay let's

622

00:26:35,490 --> 00:26:34,330

make sure first of all the people know

623

00:26:38,250 --> 00:26:35,500

what we're talking about first of all

624

00:26:39,990 --> 00:26:38,260

the Beatles show up and they're at

625

00:26:41,400 --> 00:26:40,000

maharishis feet and they think

626

00:26:42,930 --> 00:26:41,410

everything's great and then the next

627

00:26:44,910 --> 00:26:42,940

thing you know John Lennon says get away

628

00:26:47,130 --> 00:26:44,920

from me you creep you just made a pass

629

00:26:49,380 --> 00:26:47,140

at me a pharaoh and you're just a creep

630

00:26:50,760 --> 00:26:49,390

you know and then everyone goes oh no

631

00:26:53,130 --> 00:26:50,770

that couldn't have happened and you know

632

00:26:54,810 --> 00:26:53,140

we even have Deepak Chopra you know

633

00:26:56,730 --> 00:26:54,820

saying oh well you know I talked him

634

00:27:00,210 --> 00:26:56,740

later and it didn't happen with the puck

635

00:27:02,040 --> 00:27:00,220

is here in in San Diego and I know a lot

636

00:27:05,270 --> 00:27:02,050

of people know him personally and he's

637

00:27:08,010 --> 00:27:05,280

known he's not someone I would trust on

638

00:27:10,620 --> 00:27:08,020

sexual indiscretions that need to be

639

00:27:12,180 --> 00:27:10,630

hidden but the point being Steve without

640

00:27:15,390 --> 00:27:12,190

barring the leak because what I think

641

00:27:17,910 --> 00:27:15,400

really throws people for a loop is we're

642

00:27:20,460 --> 00:27:17,920

trying to understand this extended

643

00:27:22,710 --> 00:27:20,470

consciousness realm and beyond that

644

00:27:27,090 --> 00:27:22,720

we're trying to understand the spiritual

645

00:27:29,220 --> 00:27:27,100

realm and we hold these people up as not

646

00:27:32,730 --> 00:27:29,230

just like you know you're saying of a

647

00:27:36,000 --> 00:27:32,740

really advanced God like boy we're

648

00:27:40,830 --> 00:27:36,010

saying they're closer connected to God

649

00:27:43,940 --> 00:27:40,840

than we are so when they fall it makes

650

00:27:49,340 --> 00:27:43,950

us question the fundamental question is

651
00:27:51,990 --> 00:27:49,350
what is their relationship to God to the

652
00:27:55,290 --> 00:27:52,000
larger spiritual truths that they

653
00:27:57,810 --> 00:27:55,300
espouse how could they stumble and if

654
00:28:01,410 --> 00:27:57,820
they can stumble what hope is there for

655
00:28:04,430 --> 00:28:01,420
Plus yeah yeah totally yeah I think one

656
00:28:07,890 --> 00:28:04,440
of the devastating experiences that a a

657
00:28:12,000 --> 00:28:07,900
devotee or someone on the path who has a

658
00:28:13,860 --> 00:28:12,010
guru is that if they find that the Guru

659
00:28:16,710 --> 00:28:13,870
is something less than they thought when

660
00:28:18,240 --> 00:28:16,720
they first got on board it it could

661
00:28:21,300 --> 00:28:18,250
throw them right off their spiritual

662
00:28:22,920 --> 00:28:21,310
path they could really lead to cynicism

663
00:28:25,260 --> 00:28:22,930

and doubt and all kinds of things that

664

00:28:27,990 --> 00:28:25,270

would not probably be helpful to their

665

00:28:29,940 --> 00:28:28,000

long-term evolution there aren't their

666

00:28:33,120 --> 00:28:29,950

own growth I think one of the problems

667

00:28:35,070 --> 00:28:33,130

is that we place these these individuals

668

00:28:38,130 --> 00:28:35,080

on too high of a pedestal they are human

669

00:28:40,110 --> 00:28:38,140

beings and I'm gonna address exactly

670

00:28:41,070 --> 00:28:40,120

what you're we're asking Marsh she had

671

00:28:42,960 --> 00:28:41,080

been accused

672

00:28:44,340 --> 00:28:42,970

exactly did that article even came out

673

00:28:46,710 --> 00:28:44,350

in The Daily Beast I don't know if you

674

00:28:48,930 --> 00:28:46,720

saw the big big article that came out

675

00:28:51,120 --> 00:28:48,940

Marsh she's been Pat passed away for

676
00:28:54,390 --> 00:28:51,130
over ten years and again it referenced

677
00:28:56,010 --> 00:28:54,400
Mia Farrow at one point in time after I

678
00:28:58,980 --> 00:28:56,020
written the book that you mentioned a

679
00:29:00,810 --> 00:28:58,990
lady came to me and she you know I

680
00:29:03,750 --> 00:29:00,820
thought she wanted me to become her new

681
00:29:06,200 --> 00:29:03,760
mentor she was a devotee of maharshi's

682
00:29:08,640 --> 00:29:06,210
and she came to our house my wife and I

683
00:29:10,950 --> 00:29:08,650
had a house in Fairfield she came to our

684
00:29:12,750 --> 00:29:10,960
house and she started talking said you

685
00:29:15,390 --> 00:29:12,760
know Marsh she made these overtures to

686
00:29:17,370 --> 00:29:15,400
me way way back and you know that was

687
00:29:19,290 --> 00:29:17,380
the first I'd heard of anything I know

688
00:29:22,920 --> 00:29:19,300

it was a it was a shock to my system

689

00:29:25,890 --> 00:29:22,930

because you know when when I was 24

690

00:29:27,870 --> 00:29:25,900

years old Marsh she had suggested that

691

00:29:31,290 --> 00:29:27,880

Rick Archer and myself and others that

692

00:29:33,270 --> 00:29:31,300

we adopt a celibate lifestyle and we we

693

00:29:37,200 --> 00:29:33,280

stuck to that I was in that program for

694

00:29:39,930 --> 00:29:37,210

I think 20 plus years and you know

695

00:29:43,230 --> 00:29:39,940

marshy in our minds was always defined

696

00:29:45,090 --> 00:29:43,240

as a monk as a life celibate and so then

697

00:29:48,300 --> 00:29:45,100

this lady comes to my house and says no

698

00:29:52,530 --> 00:29:48,310

that's not true and it was you know I

699

00:29:54,450 --> 00:29:52,540

had to suddenly do some soul-searching

700

00:29:56,520 --> 00:29:54,460

thinking what does this mean to me

701
00:30:00,630 --> 00:29:56,530
because I've spent you know a couple

702
00:30:03,780 --> 00:30:00,640
decades following the advice of a guru a

703
00:30:05,490 --> 00:30:03,790
venerated and I still in spite of some

704
00:30:07,680 --> 00:30:05,500
of these things that were discussing now

705
00:30:09,779 --> 00:30:07,690
I have an enormous regard and respect

706
00:30:12,869 --> 00:30:09,789
for Maharshi so I I died

707
00:30:15,450 --> 00:30:12,879
with it I digested it but I don't view

708
00:30:16,830 --> 00:30:15,460
Maharshi as someone who never made a

709
00:30:19,080 --> 00:30:16,840
mistake either personally or

710
00:30:20,969 --> 00:30:19,090
professionally I don't put him on that

711
00:30:24,479 --> 00:30:20,979
level because I don't think it's fair to

712
00:30:29,190 --> 00:30:24,489
him and I also don't think it's fair to

713
00:30:30,539 --> 00:30:29,200

a disciple to have someone say do as I

714

00:30:32,820 --> 00:30:30,549

say but not as I do

715

00:30:36,330 --> 00:30:32,830

sure and I also don't feel comfortable

716

00:30:38,340 --> 00:30:36,340

when an organization goes into a mode of

717

00:30:40,710 --> 00:30:38,350

of denial or cover-up and I don't think

718

00:30:43,349 --> 00:30:40,720

that that has happened in the TM

719

00:30:46,320 --> 00:30:43,359

organization but I because well it kind

720

00:30:48,779 --> 00:30:46,330

of has but it I haven't seen any people

721

00:30:50,159 --> 00:30:48,789

respond to that question other than you

722

00:30:52,680 --> 00:30:50,169

know of course deep box comments like

723

00:30:54,269 --> 00:30:52,690

that but I know it's there and I know

724

00:30:57,029 --> 00:30:54,279

that if you were to go one by one

725

00:30:59,489 --> 00:30:57,039

through all the different goos that have

726

00:31:02,369 --> 00:30:59,499

come from India I'm referring more to

727

00:31:04,349 --> 00:31:02,379

the mail gurus right now I think there

728

00:31:06,899 --> 00:31:04,359

would be a very small list out of about

729

00:31:10,349 --> 00:31:06,909

20 that maybe had lived up to their

730

00:31:13,589 --> 00:31:10,359

billing as a Swami or a monk I think

731

00:31:15,989 --> 00:31:13,599

that we'd probably find it we'd be

732

00:31:17,399 --> 00:31:15,999

disappointed and I guess where I really

733

00:31:18,930 --> 00:31:17,409

want to go with that Steve is kind of

734

00:31:21,599 --> 00:31:18,940

again I call these level three

735

00:31:24,269 --> 00:31:21,609

discussions like I get that and everyone

736

00:31:27,299 --> 00:31:24,279

gets caught up on both sides of that one

737

00:31:29,129 --> 00:31:27,309

day T or didn't he and then second what

738

00:31:33,169 --> 00:31:29,139

does that mean that he did oh he's a

739

00:31:37,649 --> 00:31:33,179

despicable person I'm interested in

740

00:31:40,680 --> 00:31:37,659

level 3 which is what does that say what

741

00:31:44,430 --> 00:31:40,690

does that tell you about the ultimate

742

00:31:47,419 --> 00:31:44,440

nature of spirituality because Steve

743

00:31:52,409 --> 00:31:47,429

first of all we gotta let people into

744

00:31:58,680 --> 00:31:52,419

your world in that you saw this guy this

745

00:32:02,969 --> 00:31:58,690

man do amazing things both to you with a

746

00:32:05,009 --> 00:32:02,979

look with a touch with a voice amazing

747

00:32:07,919 --> 00:32:05,019

things and not just your experience

748

00:32:10,289 --> 00:32:07,929

where you're kind of hallucinating or

749

00:32:12,839 --> 00:32:10,299

making it up in your mind hundreds or

750

00:32:14,639 --> 00:32:12,849

thousands of other people as well so

751
00:32:17,310 --> 00:32:14,649
there was some power there's some force

752
00:32:20,669 --> 00:32:17,320
there and then we have to relate that

753
00:32:23,810 --> 00:32:20,679
back to you know the individual and then

754
00:32:26,999 --> 00:32:23,820
add to that you have all these other

755
00:32:29,549 --> 00:32:27,009
experiences with other amazing people

756
00:32:33,690 --> 00:32:29,559
that further confirm that it wasn't just

757
00:32:35,730 --> 00:32:33,700
this guy that but there is this yeah so

758
00:32:38,210 --> 00:32:35,740
so let's dive into that what does this

759
00:32:42,840 --> 00:32:38,220
tell us about the nature of spirituality

760
00:32:43,680 --> 00:32:42,850
well I think part of it is how we define

761
00:32:45,869 --> 00:32:43,690
enlightenment

762
00:32:48,119 --> 00:32:45,879
most people say my guru is in the

763
00:32:49,529 --> 00:32:48,129

highest state of enlightenment and again

764

00:32:51,779 --> 00:32:49,539

as at the very beginning I said I could

765

00:32:53,489 --> 00:32:51,789

never be qualified to say that other

766

00:32:56,190 --> 00:32:53,499

than my personal intuitions from

767

00:32:59,039 --> 00:32:56,200

interacting with presumably several

768

00:33:00,930 --> 00:32:59,049

enlightened masters but I don't define

769

00:33:03,029 --> 00:33:00,940

enlightenment as a person who is a

770

00:33:06,210 --> 00:33:03,039

perfect human being that's a definition

771

00:33:11,220 --> 00:33:06,220

that I don't subscribe to and that's

772

00:33:13,619 --> 00:33:11,230

really softened my ability to handle

773

00:33:15,690 --> 00:33:13,629

some of these bits of information that

774

00:33:18,419 --> 00:33:15,700

come my way I think that perfection

775

00:33:20,580 --> 00:33:18,429

comes later in the game and we can talk

776

00:33:22,680 --> 00:33:20,590

about that or not but I do believe that

777

00:33:25,529 --> 00:33:22,690

the grooves and masters and fully

778

00:33:27,419 --> 00:33:25,539

enlightened masters can and and do from

779

00:33:30,379 --> 00:33:27,429

time to time make mistakes and maybe big

780

00:33:32,759 --> 00:33:30,389

mistakes so in the end I it's my

781

00:33:35,909 --> 00:33:32,769

personal philosophy that I have to look

782

00:33:38,820 --> 00:33:35,919

to my own inner guide first and foremost

783

00:33:40,830 --> 00:33:38,830

and to whatever extent someone from the

784

00:33:43,499 --> 00:33:40,840

outside whether it's Rick or you or a

785

00:33:46,109 --> 00:33:43,509

friend or my wife or or our mentor or a

786

00:33:49,039 --> 00:33:46,119

guru whatever they recommend to me if it

787

00:33:52,830 --> 00:33:49,049

makes sense then I adopt it but my inner

788

00:33:56,369 --> 00:33:52,840

smile Scott my inner measure of things

789

00:33:59,190 --> 00:33:56,379

still becomes my primary guru I got that

790

00:34:01,430 --> 00:33:59,200

let me approach this from another angle

791

00:34:05,549 --> 00:34:01,440

because in the email you wrote to me

792

00:34:07,440 --> 00:34:05,559

which maybe will jump us into these

793

00:34:09,659 --> 00:34:07,450

amazing experiences that you have

794

00:34:12,149 --> 00:34:09,669

because I feel like we're still nibbling

795

00:34:14,550 --> 00:34:12,159

on the outside you write Tibetan Lamas

796

00:34:17,430 --> 00:34:14,560

voluntarily locked themselves into

797

00:34:18,990 --> 00:34:17,440

lightless underground cells for up to

798

00:34:21,450 --> 00:34:19,000

three years this is what you've

799

00:34:24,359 --> 00:34:21,460

discovered from a guy who's been there

800

00:34:27,750 --> 00:34:24,369

been to India have met with these people

801
00:34:30,089 --> 00:34:27,760
have enough of a credibility in terms of

802
00:34:31,919 --> 00:34:30,099
what you've done and your own spiritual

803
00:34:34,169 --> 00:34:31,929
journey to talk to these people on this

804
00:34:36,740 --> 00:34:34,179
level and to learn this stuff I'm

805
00:34:39,379 --> 00:34:36,750
returning to your email this will

806
00:34:41,810 --> 00:34:39,389
drive the average person insane but the

807
00:34:44,210 --> 00:34:41,820
purpose of the incarceration is among

808
00:34:47,570 --> 00:34:44,220
other things to develop the ability to

809
00:34:49,070 --> 00:34:47,580
soul travel once the Lama learns to

810
00:34:51,500 --> 00:34:49,080
leave the body at will he can travel

811
00:34:54,320 --> 00:34:51,510
throughout the cosmos

812
00:34:57,560 --> 00:34:54,330
his physical incarnation is no longer a

813
00:35:01,010 --> 00:34:57,570

limitation I have been taught these

814

00:35:02,540 --> 00:35:01,020

methods and used them and will leave it

815

00:35:05,030 --> 00:35:02,550

right there is a bit of a cliffhanger to

816

00:35:07,820 --> 00:35:05,040

talk about later but do you see where

817

00:35:10,400 --> 00:35:07,830

I'm going now here is a technique that

818

00:35:12,140 --> 00:35:10,410

whether you're a scoundrel well we don't

819

00:35:14,660 --> 00:35:12,150

know because there's the Yama's and the

820

00:35:16,940 --> 00:35:14,670

jnanis but it isn't saying you have to

821

00:35:19,040 --> 00:35:16,950

meet these other moral criteria it says

822

00:35:21,500 --> 00:35:19,050

hey if you do some kind of sensory

823

00:35:23,710 --> 00:35:21,510

deprivation thing if you do some kind of

824

00:35:27,410 --> 00:35:23,720

breathing thing some kind of meditation

825

00:35:31,160 --> 00:35:27,420

tennis related kind of thing you can

826
00:35:33,890 --> 00:35:31,170
leave your body and travel and so let's

827
00:35:36,920 --> 00:35:33,900
talk about what that means in terms of

828
00:35:38,450 --> 00:35:36,930
we said that reality is maybe more

829
00:35:41,060 --> 00:35:38,460
flexible than we think

830
00:35:44,720 --> 00:35:41,070
absolutely the next step would be saying

831
00:35:49,250 --> 00:35:44,730
maybe these extended consciousness

832
00:35:52,730 --> 00:35:49,260
realms are more flexible than we think

833
00:35:57,020 --> 00:35:52,740
and then the third part is is there a

834
00:36:00,860 --> 00:35:57,030
spiritual reality that stands apart from

835
00:36:05,480 --> 00:36:00,870
that or is it all just extended

836
00:36:06,920 --> 00:36:05,490
consciousness well one of the beautiful

837
00:36:08,450 --> 00:36:06,930
things that Mara she taught me I

838
00:36:10,580 --> 00:36:08,460

remember way way back

839

00:36:12,350 --> 00:36:10,590

he said now I'm giving you this

840

00:36:14,810 --> 00:36:12,360

technique that can take you all the way

841

00:36:16,820 --> 00:36:14,820

to the goal which would he described as

842

00:36:19,400 --> 00:36:16,830

cosmic consciousness enlightenment he

843

00:36:21,730 --> 00:36:19,410

said but capture the fort don't go after

844

00:36:23,990 --> 00:36:21,740

the gold mines if you capture the fort

845

00:36:25,790 --> 00:36:24,000

enlightenment everything in the

846

00:36:27,560 --> 00:36:25,800

perimeter around you will be yours

847

00:36:29,030 --> 00:36:27,570

automatically all the gold buy and

848

00:36:31,640 --> 00:36:29,040

silver mines diamond mines they're all

849

00:36:34,360 --> 00:36:31,650

yours and he was referencing that a

850

00:36:37,940 --> 00:36:34,370

diamond mine is say the ability to

851

00:36:40,160 --> 00:36:37,950

teleport a gold mine might be the

852

00:36:41,900 --> 00:36:40,170

ability to by locate all these super

853

00:36:45,050 --> 00:36:41,910

normal powers that you know sometimes we

854

00:36:50,609 --> 00:36:45,060

see in the superhero movies in the

855

00:36:53,819 --> 00:36:50,619

theater so we have that as a baseline

856

00:36:55,380 --> 00:36:53,829

when I got to the Himalayas I'll just

857

00:36:57,900 --> 00:36:55,390

tell you one little story I met this

858

00:37:00,749 --> 00:36:57,910

fellow named Maharaj and Maharaja I've

859

00:37:03,029 --> 00:37:00,759

been living up there for decades summer

860

00:37:04,529 --> 00:37:03,039

and winter and he didn't speak any

861

00:37:06,420 --> 00:37:04,539

English but I was talking to him through

862

00:37:09,120 --> 00:37:06,430

his disciple who was translating he

863

00:37:11,220 --> 00:37:09,130

because he had perfect English and I

864

00:37:13,680 --> 00:37:11,230

wanted to get an idea where Maharaja's

865

00:37:16,349 --> 00:37:13,690

consciousness was that so I said Maharaj

866

00:37:19,109 --> 00:37:16,359

if you don't mind what do you do at

867

00:37:21,029 --> 00:37:19,119

night when you're asleep and I had a

868

00:37:21,509 --> 00:37:21,039

reason for that because I I was aware of

869

00:37:23,759 --> 00:37:21,519

that

870

00:37:26,099 --> 00:37:23,769

Yogi's sleep might be different than

871

00:37:30,059 --> 00:37:26,109

your sleep or my sleep where we're just

872

00:37:32,130 --> 00:37:30,069

sawing wood so he looked up to the sky

873

00:37:34,440 --> 00:37:32,140

was you know in the morning he looked up

874

00:37:37,079 --> 00:37:34,450

this guy employed and he said through

875

00:37:39,569 --> 00:37:37,089

translator he said at night during my

876

00:37:41,940 --> 00:37:39,579

yogic sleep I go to that planet and I go

877

00:37:45,150 --> 00:37:41,950

to Jupiter I go to Mars I go to the moon

878

00:37:48,359 --> 00:37:45,160

I travel and that made perfect sense to

879

00:37:51,390 --> 00:37:48,369

me because I had had some of those kind

880

00:37:53,549 --> 00:37:51,400

of experiences myself and that to me was

881

00:37:55,650 --> 00:37:53,559

an innocent confirmation that he may

882

00:37:57,059 --> 00:37:55,660

have been just putting me on who knows

883

00:37:59,220 --> 00:37:57,069

he may have been counterfeit but I

884

00:38:00,420 --> 00:37:59,230

didn't have any there was no agenda I

885

00:38:02,009 --> 00:38:00,430

wasn't gonna give him a hundred dollars

886

00:38:03,870 --> 00:38:02,019

for talking to me we were just talking

887

00:38:06,809 --> 00:38:03,880

as two people actually were pretty much

888

00:38:10,079 --> 00:38:06,819

strangers at that point so that was my

889

00:38:14,279 --> 00:38:10,089

first conversation with somebody who had

890

00:38:16,410 --> 00:38:14,289

quote gone out of the body now since

891

00:38:18,720 --> 00:38:16,420

that time that's 20 years ago I've had a

892

00:38:20,999 --> 00:38:18,730

lot of experience that we could qualify

893

00:38:22,529 --> 00:38:21,009

as out of the body and some people have

894

00:38:24,779 --> 00:38:22,539

written about those experience as a

895

00:38:26,640 --> 00:38:24,789

result of near-death accidents

896

00:38:28,370 --> 00:38:26,650

automobile accident illness there's been

897

00:38:31,620 --> 00:38:28,380

bestsellers written by people who have

898

00:38:34,650 --> 00:38:31,630

thought they died and come back as I

899

00:38:37,140 --> 00:38:34,660

began to meet Tibetans some of the lamas

900

00:38:39,930 --> 00:38:37,150

up there this is an area called Ladakh

901
00:38:42,930 --> 00:38:39,940
it's actually 100 is a pure Tibetan

902
00:38:44,370 --> 00:38:42,940
culture than Tibet because the what the

903
00:38:46,019 --> 00:38:44,380
Chinese have done to Tibet but they

904
00:38:47,819 --> 00:38:46,029
haven't been get able to get into the

905
00:38:50,309 --> 00:38:47,829
Ladakh because it's within the Indian

906
00:38:53,700 --> 00:38:50,319
borders so it's been saved preserved and

907
00:38:56,309 --> 00:38:53,710
it's its integrity so we spent some

908
00:38:58,259 --> 00:38:56,319
time at the some of the monasteries up

909
00:39:00,569 --> 00:38:58,269
there and you mentioned that there are

910
00:39:01,920 --> 00:39:00,579
these underground cells where they don't

911
00:39:03,509 --> 00:39:01,930
only lock you in there they have a

912
00:39:04,620 --> 00:39:03,519
little hole where you get one meal a day

913
00:39:07,620 --> 00:39:04,630

but they cement

914

00:39:09,750 --> 00:39:07,630

you in now you you're not no one's

915

00:39:11,340 --> 00:39:09,760

forced to do that but you go in there if

916

00:39:13,080 --> 00:39:11,350

you want to if you feel like you're

917

00:39:17,310 --> 00:39:13,090

ready for it and you go in there and you

918

00:39:19,170 --> 00:39:17,320

stay in a lightless cubicle for three

919

00:39:20,700 --> 00:39:19,180

years you start out doing it three days

920

00:39:22,770 --> 00:39:20,710

then you do three weeks then you do

921

00:39:25,650 --> 00:39:22,780

three months and then if all that goes

922

00:39:28,490 --> 00:39:25,660

according to your satisfaction as the

923

00:39:31,260 --> 00:39:28,500

Lama you may commit to three years now

924

00:39:33,090 --> 00:39:31,270

there's nothing to do in an 8x8 cubicle

925

00:39:35,340 --> 00:39:33,100

with no light and one meal a day right

926
00:39:36,840 --> 00:39:35,350
so you're gonna go stark raving mad if

927
00:39:37,950 --> 00:39:36,850
you're just sitting in there maybe if

928
00:39:42,270 --> 00:39:37,960
you're a good meditator you're gonna

929
00:39:44,730 --> 00:39:42,280
really face your demons but as I was

930
00:39:46,560 --> 00:39:44,740
told these guys do this because it

931
00:39:49,170 --> 00:39:46,570
helped they're given a technique and

932
00:39:51,990 --> 00:39:49,180
taught how to how to do it they learn to

933
00:39:53,910 --> 00:39:52,000
use their quote light body and they they

934
00:39:55,380 --> 00:39:53,920
travel and they travel and they're

935
00:39:58,020 --> 00:39:55,390
probably they might be having a better

936
00:40:00,060 --> 00:39:58,030
time in that cell then we are traveling

937
00:40:01,980 --> 00:40:00,070
the world in airplanes because they they

938
00:40:04,650 --> 00:40:01,990

move through the universe through as

939

00:40:07,830 --> 00:40:04,660

they this is using their terms as easily

940

00:40:10,470 --> 00:40:07,840

as we move around in a car easier or in

941

00:40:12,120 --> 00:40:10,480

an airplane and if they didn't have that

942

00:40:14,790 --> 00:40:12,130

ability I think they probably most of

943

00:40:17,340 --> 00:40:14,800

them would be completely bonkers within

944

00:40:20,310 --> 00:40:17,350

a week so it sort of pushes the issue

945

00:40:22,110 --> 00:40:20,320

that the this idea of flexibility of

946

00:40:25,380 --> 00:40:22,120

reality flexibility of consciousness

947

00:40:28,620 --> 00:40:25,390

they are sort of forced to make that

948

00:40:30,920 --> 00:40:28,630

leap of disconnecting the binding

949

00:40:34,050 --> 00:40:30,930

influence between the soul and the body

950

00:40:35,970 --> 00:40:34,060

now when they travel and when I've

951

00:40:37,080 --> 00:40:35,980

traveled these were not techniques I

952

00:40:40,080 --> 00:40:37,090

want to make clear that I learned from

953

00:40:41,790 --> 00:40:40,090

Maharshi I learned them from a saint in

954

00:40:43,590 --> 00:40:41,800

the Himalayas and they in case of oh and

955

00:40:45,210 --> 00:40:43,600

I maybe will get around to that he's

956

00:40:47,160 --> 00:40:45,220

written about in this story this is

957

00:40:49,050 --> 00:40:47,170

great Steve I love the way you kind of

958

00:40:51,210 --> 00:40:49,060

tiptoe into this stuff because you're a

959

00:40:53,130 --> 00:40:51,220

deep guy you have some amazing stories

960

00:40:55,380 --> 00:40:53,140

and experiences that you could tell and

961

00:40:57,630 --> 00:40:55,390

you you make it you just kind of talked

962

00:41:00,480 --> 00:40:57,640

about traveling so tell us how you

963

00:41:03,180 --> 00:41:00,490

learned to travel so about the third

964

00:41:05,310 --> 00:41:03,190

third or fourth year into being in India

965

00:41:08,690 --> 00:41:05,320

I it was up there at a place called

966

00:41:11,130 --> 00:41:08,700

Joshi Mott this is one of the holy

967

00:41:14,340 --> 00:41:11,140

pilgrimage areas of the himalaya high

968

00:41:16,380 --> 00:41:14,350

Himalayas it's deep in takes about eight

969

00:41:18,510 --> 00:41:16,390

hours to get there from from Rishikesh

970

00:41:20,760 --> 00:41:18,520

which is four hours beyond Delhi so

971

00:41:23,490 --> 00:41:20,770

it's about a 12 hour drive from the from

972

00:41:28,470 --> 00:41:23,500

the capital Delhi and I was up on a

973

00:41:30,660 --> 00:41:28,480

meadow when I met a very handsome

974

00:41:37,440 --> 00:41:30,670

beautiful male about cooked about 25

975

00:41:39,120 --> 00:41:37,450

years old Indian yogi who sat down with

976
00:41:40,860 --> 00:41:39,130
me and we talked and we talked and he

977
00:41:43,200 --> 00:41:40,870
asked me questions and I asked him

978
00:41:44,490 --> 00:41:43,210
questions and and I the more I had

979
00:41:48,060 --> 00:41:44,500
talked to him the more I was spellbound

980
00:41:50,940 --> 00:41:48,070
by his his wisdom and by his insight and

981
00:41:53,640 --> 00:41:50,950
how well he seemed to know me he had

982
00:41:55,950 --> 00:41:53,650
kind of a prototype typical you know

983
00:41:58,290 --> 00:41:55,960
look of you know he had white white

984
00:42:00,570 --> 00:41:58,300
robes and he had long ish shoulder

985
00:42:02,730 --> 00:42:00,580
length hair and he didn't have a ounce

986
00:42:04,350 --> 00:42:02,740
of gray in him and he probably could

987
00:42:06,300 --> 00:42:04,360
have been any age as far as his wisdom

988
00:42:08,580 --> 00:42:06,310

and he started to instruct me he said no

989

00:42:09,840 --> 00:42:08,590

you're aging I asked my said how come

990

00:42:12,780 --> 00:42:09,850

you're not aging and I'm aging because

991

00:42:15,030 --> 00:42:12,790

he kind of tipped his situation said he

992

00:42:17,010 --> 00:42:15,040

was very very old much much older than

993

00:42:17,730 --> 00:42:17,020

25 years old maybe hunt maybe hundreds

994

00:42:19,770 --> 00:42:17,740

of years old

995

00:42:21,720 --> 00:42:19,780

and I said well I already got great hair

996

00:42:23,670 --> 00:42:21,730

and I'm 50 years old so so what's going

997

00:42:25,410 --> 00:42:23,680

on here so don't worry about that it's

998

00:42:26,880 --> 00:42:25,420

just a result of a few lingering

999

00:42:29,640 --> 00:42:26,890

negative thoughts that you've had in

1000

00:42:31,410 --> 00:42:29,650

your life and I go oh well if aging is

1001
00:42:34,320 --> 00:42:31,420
the result of negative thoughts - you

1002
00:42:37,950 --> 00:42:34,330
know big trouble because I never said

1003
00:42:39,990 --> 00:42:37,960
I'm no saint so we talked about that and

1004
00:42:41,700 --> 00:42:40,000
he said listen here's some things I

1005
00:42:43,350 --> 00:42:41,710
would like you to consider doing and he

1006
00:42:45,750 --> 00:42:43,360
didn't it sit down and initiate me

1007
00:42:48,570 --> 00:42:45,760
formally but he said I really think he

1008
00:42:50,970 --> 00:42:48,580
would enjoy doing this what he called

1009
00:42:52,830 --> 00:42:50,980
circular breathing just this and you can

1010
00:42:54,300 --> 00:42:52,840
do he said do it all day he said do it

1011
00:42:56,250 --> 00:42:54,310
when you're at your there on the

1012
00:42:58,650 --> 00:42:56,260
telephone riding in a car sitting on a

1013
00:43:00,660 --> 00:42:58,660

plane and but conscious breathing he

1014

00:43:03,440 --> 00:43:00,670

said the body can survive with just

1015

00:43:05,790 --> 00:43:03,450

breathing unconsciously but when you add

1016

00:43:07,860 --> 00:43:05,800

consciousness to your breathing you are

1017

00:43:11,160 --> 00:43:07,870

moving very rapidly then in the

1018

00:43:12,870 --> 00:43:11,170

direction of God because your great what

1019

00:43:14,550 --> 00:43:12,880

your greatest connection to God is your

1020

00:43:17,970 --> 00:43:14,560

breath and I thought wow this is very

1021

00:43:19,680 --> 00:43:17,980

very profound and I adopted it I started

1022

00:43:21,690 --> 00:43:19,690

doing I'd do it in between points even

1023

00:43:23,970 --> 00:43:21,700

to this day on a tennis court so that's

1024

00:43:26,940 --> 00:43:23,980

one thing he suggested another thing he

1025

00:43:29,040 --> 00:43:26,950

suggested and I don't know if we just

1026
00:43:31,500 --> 00:43:29,050
put a caveat say don't do this at home

1027
00:43:32,390 --> 00:43:31,510
but he said listen get your mantra going

1028
00:43:37,170 --> 00:43:32,400
and keep it going

1029
00:43:40,019 --> 00:43:37,180
24/7 now 24/7 means it literally that

1030
00:43:41,910 --> 00:43:40,029
with your wake asleep or dreaming and it

1031
00:43:44,219 --> 00:43:41,920
that that takes some skill that's yoga

1032
00:43:47,999 --> 00:43:44,229
to me that's truly an advanced thing

1033
00:43:50,099 --> 00:43:48,009
because to set up you might want to call

1034
00:43:51,960 --> 00:43:50,109
it autopilot but if you can set up a

1035
00:43:53,880 --> 00:43:51,970
condition of your mind so that as you're

1036
00:43:56,299 --> 00:43:53,890
going through your life you have that

1037
00:43:59,660 --> 00:43:56,309
resonating in the background that's

1038
00:44:02,460 --> 00:43:59,670

fairly to my mind a fairly advanced

1039

00:44:04,769 --> 00:44:02,470

ability so those are a couple of things

1040

00:44:07,410 --> 00:44:04,779

that he that he suggested I do in a

1041

00:44:11,579 --> 00:44:07,420

third thing that Casey was suggested to

1042

00:44:13,289 --> 00:44:11,589

do was he asked me who do I love in

1043

00:44:14,789 --> 00:44:13,299

terms of divine who do I look do you

1044

00:44:17,309 --> 00:44:14,799

love Jesus that's the law is born a

1045

00:44:20,819 --> 00:44:17,319

Christian but I relate more to the Vedic

1046

00:44:23,700 --> 00:44:20,829

Hindu tradition now I said okay to

1047

00:44:25,680 --> 00:44:23,710

someone Krishna ROM Buddha who do you

1048

00:44:28,920 --> 00:44:25,690

like I said Krishna's good Krishna's

1049

00:44:30,839 --> 00:44:28,930

good and so he said okay breathe him

1050

00:44:33,900 --> 00:44:30,849

through your chest breathe him into your

1051
00:44:36,029 --> 00:44:33,910
heart merge with him whether you have a

1052
00:44:38,759 --> 00:44:36,039
picture an image of him in your mind or

1053
00:44:40,920 --> 00:44:38,769
your heart but breathe that divine

1054
00:44:42,390 --> 00:44:40,930
presence into you and do it whenever you

1055
00:44:45,269 --> 00:44:42,400
like and don't feel like you got to do

1056
00:44:47,009 --> 00:44:45,279
it every day said you've been so good at

1057
00:44:48,209 --> 00:44:47,019
meditating mark she said missus don't

1058
00:44:49,680 --> 00:44:48,219
miss meditation do it twice a day and

1059
00:44:52,650 --> 00:44:49,690
you've done that now for always at the

1060
00:44:54,450 --> 00:44:52,660
time was thirty years so those were

1061
00:44:57,209 --> 00:44:54,460
three things that he taught me to do and

1062
00:44:59,940 --> 00:44:57,219
as we got more advanced he he gave me

1063
00:45:03,329 --> 00:44:59,950

some other instructions of how to lift

1064

00:45:05,940 --> 00:45:03,339

out of my physical six foot three inch

1065

00:45:11,190 --> 00:45:05,950

hundred ninety pound body and go up into

1066

00:45:13,979 --> 00:45:11,200

what we discovered was a temple on a

1067

00:45:16,289 --> 00:45:13,989

level which would be out of the body

1068

00:45:18,239 --> 00:45:16,299

would be not you is no physical temple

1069

00:45:20,969 --> 00:45:18,249

equivalent here on earth but I would go

1070

00:45:22,950 --> 00:45:20,979

up there let me interject something here

1071

00:45:25,559 --> 00:45:22,960

Steve so how do you process this because

1072

00:45:27,660 --> 00:45:25,569

I'm listening to this as most people are

1073

00:45:33,029 --> 00:45:27,670

and they're gone okay gotcha breathe

1074

00:45:36,120 --> 00:45:33,039

good I got it love mantra got it Jesus

1075

00:45:41,579 --> 00:45:36,130

Krishna got it go to a temple this guy

1076

00:45:43,589 --> 00:45:41,589

don't got it yeah how did you experience

1077

00:45:45,900 --> 00:45:43,599

that the people are listening to this

1078

00:45:48,470 --> 00:45:45,910

show know there are plenty

1079

00:45:51,450 --> 00:45:48,480

the people out there who have done

1080

00:45:53,490 --> 00:45:51,460

astral travel in one way or another and

1081

00:45:55,349 --> 00:45:53,500

have even come close to verifying it

1082

00:45:58,349 --> 00:45:55,359

although some people wouldn't agree with

1083

00:46:01,079 --> 00:45:58,359

the verification it's on the table okay

1084

00:46:02,700 --> 00:46:01,089

first I backtracked from Omar she used

1085

00:46:05,069 --> 00:46:02,710

to tell us we don't ask for travel he's

1086

00:46:06,359 --> 00:46:05,079

a don't astral travel he said that maybe

1087

00:46:08,609 --> 00:46:06,369

was at that point in time in our

1088

00:46:11,089 --> 00:46:08,619

training we weren't ready for it so I

1089

00:46:13,920 --> 00:46:11,099

always use a different term for just

1090

00:46:17,190 --> 00:46:13,930

because I have this lingering memory of

1091

00:46:20,490 --> 00:46:17,200

Mara she's saying that is I experienced

1092

00:46:22,079 --> 00:46:20,500

that it's Lightbody traveling with and

1093

00:46:23,849 --> 00:46:22,089

it just may be just semantics it may be

1094

00:46:27,359 --> 00:46:23,859

exactly the same thing I can't really

1095

00:46:30,240 --> 00:46:27,369

say but I could call it a soul gathering

1096

00:46:31,650 --> 00:46:30,250

aspects of myself including my unified

1097

00:46:34,319 --> 00:46:31,660

chakras you know there are seven chakras

1098

00:46:37,170 --> 00:46:34,329

that's a whole tradition of the

1099

00:46:39,960 --> 00:46:37,180

spiritual path as well I you know fie

1100

00:46:43,349 --> 00:46:39,970

those chakras put them in one place and

1101

00:46:45,089 --> 00:46:43,359

with what amounts to an ectoplasmic it's

1102

00:46:47,670 --> 00:46:45,099

it's something that it's like a spider

1103

00:46:51,900 --> 00:46:47,680

creating it's a web it's he made itself

1104

00:46:54,599 --> 00:46:51,910

manifest self-made as I come up through

1105

00:46:57,260 --> 00:46:54,609

the crown of my head and move higher

1106

00:47:02,160 --> 00:46:57,270

into this this temple of light I'm

1107

00:47:06,029 --> 00:47:02,170

moving within a bubble within a sphere

1108

00:47:07,650 --> 00:47:06,039

if you will and as time went by and even

1109

00:47:09,450 --> 00:47:07,660

maybe in preparation a little bit for

1110

00:47:11,549 --> 00:47:09,460

our show here and I thought okay if I'm

1111

00:47:13,829 --> 00:47:11,559

going to talk about this it would be

1112

00:47:15,809 --> 00:47:13,839

good if I had maybe some references and

1113

00:47:17,190 --> 00:47:15,819

in actually in the judeo-christian today

1114

00:47:18,839 --> 00:47:17,200

ik tradition and in the Egyptian

1115

00:47:21,599 --> 00:47:18,849

tradition there's something called a

1116

00:47:23,640 --> 00:47:21,609

merkava and I didn't never used that

1117

00:47:25,319 --> 00:47:23,650

term when I was started doing this

1118

00:47:31,130 --> 00:47:25,329

practice in case you didn't call it a

1119

00:47:33,720 --> 00:47:31,140

Merkabah mu r QA ba but in the Judeo

1120

00:47:36,839 --> 00:47:33,730

tradition Judaic tradition it's called

1121

00:47:39,000 --> 00:47:36,849

the Star of David and it amounts to a

1122

00:47:44,430 --> 00:47:39,010

chariot the translation of Merkava is

1123

00:47:46,559 --> 00:47:44,440

chariot or vehicle of light and like the

1124

00:47:49,140 --> 00:47:46,569

spider who creates his own web we have

1125

00:47:51,569 --> 00:47:49,150

this ability to because consciousness

1126

00:47:54,779 --> 00:47:51,579

has this great range of flexibility we

1127

00:47:57,779 --> 00:47:54,789

can create through our intention that's

1128

00:47:59,640 --> 00:47:57,789

the key intentionality a bubble an

1129

00:48:00,120 --> 00:47:59,650

ectoplasmic bubble if you will and we

1130

00:48:07,170 --> 00:48:00,130

just

1131

00:48:09,720 --> 00:48:07,180

by thought and intention and so you are

1132

00:48:11,760 --> 00:48:09,730

absolutely still connected to your body

1133

00:48:13,350 --> 00:48:11,770

through your silver cord the silver

1134

00:48:16,050 --> 00:48:13,360

cord I'm sure has been talked about in

1135

00:48:18,540 --> 00:48:16,060

these people books that have had these

1136

00:48:21,270 --> 00:48:18,550

near-death experiences because had the

1137

00:48:22,380 --> 00:48:21,280

silver cord severed they would be they

1138

00:48:25,070 --> 00:48:22,390

would have passed they would not be

1139

00:48:26,400 --> 00:48:25,080

alive as long as the silver cord is

1140

00:48:28,950 --> 00:48:26,410

intact

1141

00:48:31,230 --> 00:48:28,960

between the physical body and the soul

1142

00:48:32,850 --> 00:48:31,240

aspects that are moving wherever they're

1143

00:48:34,500 --> 00:48:32,860

moving they make just go from here to

1144

00:48:38,610 --> 00:48:34,510

Chicago they may go off planet whatever

1145

00:48:41,100 --> 00:48:38,620

you are quote alive but if it were to be

1146

00:48:42,810 --> 00:48:41,110

severed that would be though be it so

1147

00:48:44,370 --> 00:48:42,820

anyone who's ever written a best-seller

1148

00:48:48,360 --> 00:48:44,380

about a near-death experience has not

1149

00:48:49,890 --> 00:48:48,370

had the silver cord severed you know

1150

00:48:51,300 --> 00:48:49,900

I've heard various things about the

1151

00:48:54,060 --> 00:48:51,310

silver cord and different people

1152

00:48:57,360 --> 00:48:54,070

interpret it different ways in terms of

1153

00:48:59,820 --> 00:48:57,370

all that which is just another aspect of

1154

00:49:02,310 --> 00:48:59,830

this that we could get into is that not

1155

00:49:04,680 --> 00:49:02,320

everyone agrees on these particular but

1156

00:49:06,420 --> 00:49:04,690

I don't want to go there now at least to

1157

00:49:07,050 --> 00:49:06,430

me that's the no I want to stay right

1158

00:49:09,660 --> 00:49:07,060

where you're at

1159

00:49:12,540 --> 00:49:09,670

okay but to me that's the level to stuff

1160

00:49:15,330 --> 00:49:12,550

you know is it real well yes I can prove

1161

00:49:19,170 --> 00:49:15,340

it in this way in that way I take what

1162

00:49:21,540 --> 00:49:19,180

you're saying as true and and then I say

1163

00:49:23,970 --> 00:49:21,550

now Steve you're the expert I want to

1164

00:49:25,770 --> 00:49:23,980

talk to about this and I want to just

1165

00:49:27,140 --> 00:49:25,780

kind of dive right into my thing here

1166

00:49:30,300 --> 00:49:27,150

okay

1167

00:49:32,730 --> 00:49:30,310

so now I'm looking at the et stuff right

1168

00:49:38,460 --> 00:49:32,740

okay and one of the things I'm looking

1169

00:49:41,940 --> 00:49:38,470

at is that we've tried this sensory

1170

00:49:44,970 --> 00:49:41,950

deprivation thing it looks like we've

1171

00:49:47,760 --> 00:49:44,980

done it in a very horrible way but just

1172

00:49:49,830 --> 00:49:47,770

Whitley Strieber is the great example on

1173

00:49:51,960 --> 00:49:49,840

this Whitley Strieber and I played the

1174

00:49:55,500 --> 00:49:51,970

clip I'll probably inject it into this

1175

00:49:58,350 --> 00:49:55,510

show as well here's his interview on the

1176

00:50:00,000 --> 00:49:58,360

higher side chats recently excellent

1177

00:50:02,010 --> 00:50:00,010

interview that Greg did with him there

1178

00:50:03,780 --> 00:50:02,020

but he said this other places in his

1179

00:50:05,910 --> 00:50:03,790

books he remembers being a

1180

00:50:09,810 --> 00:50:05,920

seven-year-old kid in San Antonio Texas

1181

00:50:13,290 --> 00:50:09,820

and being enlisted brought into this

1182

00:50:16,170 --> 00:50:13,300

program with these other children

1183

00:50:18,240 --> 00:50:16,180

where they were doing exactly the kind

1184

00:50:21,960 --> 00:50:18,250

of stuff that you're talking about and

1185

00:50:26,250 --> 00:50:21,970

their intent was to break these people

1186

00:50:29,100 --> 00:50:26,260

into this extended realm this is a

1187

00:50:30,690 --> 00:50:29,110

stranger things kind of thing if you're

1188

00:50:31,380 --> 00:50:30,700

familiar with the Netflix series that

1189

00:50:35,190 --> 00:50:31,390

was huge

1190

00:50:37,680 --> 00:50:35,200

well the parallels with the Tibetan lama

1191

00:50:40,050 --> 00:50:37,690

story that you're telling is just

1192

00:50:42,000 --> 00:50:40,060

chilling and and but there's something

1193

00:50:44,100 --> 00:50:42,010

that we have to really put our finger on

1194

00:50:48,120 --> 00:50:44,110

here and try and get to the bottom of is

1195

00:50:50,340 --> 00:50:48,130

the morality of this and the mechanics

1196

00:50:52,050 --> 00:50:50,350

of it to a certain extent these people

1197

00:50:55,250 --> 00:50:52,060

are saying this is no big deal

1198

00:50:57,900 --> 00:50:55,260

this is a mechanical scientific

1199

00:51:01,050 --> 00:50:57,910

materialistic process that we can manage

1200

00:51:04,080 --> 00:51:01,060

control if you're a shadow government

1201
00:51:06,480 --> 00:51:04,090
kind of guy we can weaponize you know

1202
00:51:09,060 --> 00:51:06,490
but that seems to be their intent yeah

1203
00:51:11,400 --> 00:51:09,070
so but now we have to pull back and say

1204
00:51:16,080 --> 00:51:11,410
okay to what extent are these extended

1205
00:51:17,010 --> 00:51:16,090
consciousness realms flexible and not in

1206
00:51:19,980 --> 00:51:17,020
the way that we were talking about

1207
00:51:21,750 --> 00:51:19,990
before that's question one that I think

1208
00:51:24,600 --> 00:51:21,760
we've answered they are flexible you can

1209
00:51:27,180 --> 00:51:24,610
enter them in different ways now where

1210
00:51:31,580 --> 00:51:27,190
the hell is spirituality in this where

1211
00:51:35,220 --> 00:51:31,590
is God in this hopefully my my purpose

1212
00:51:37,670 --> 00:51:35,230
has been served in having these

1213
00:51:40,980 --> 00:51:37,680

out-of-body experiences because I have

1214

00:51:43,680 --> 00:51:40,990

chosen to direct where I go to places

1215

00:51:46,140 --> 00:51:43,690

where I have received more advanced

1216

00:51:48,570 --> 00:51:46,150

training a chance to be closer to

1217

00:51:51,360 --> 00:51:48,580

divinity and one of the groups that I

1218

00:51:53,490 --> 00:51:51,370

have been like say fortunate enough I

1219

00:51:57,450 --> 00:51:53,500

have interacted with and learn from are

1220

00:51:58,710 --> 00:51:57,460

a group from space is not not the

1221

00:52:02,130 --> 00:51:58,720

Syrians in the Middle East but the

1222

00:52:03,450 --> 00:52:02,140

Syrians unserious be the brightest I

1223

00:52:08,940 --> 00:52:03,460

believe it's the brightest star in the

1224

00:52:10,590 --> 00:52:08,950

night sky and these I want to step back

1225

00:52:14,360 --> 00:52:10,600

and say I've never ever been abducted

1226

00:52:16,830 --> 00:52:14,370

I've never been on a UFO these are not

1227

00:52:19,140 --> 00:52:16,840

things where I've taken my physical body

1228

00:52:21,470 --> 00:52:19,150

to have that experience but they're very

1229

00:52:25,050 --> 00:52:21,480

real for me from the point of view of

1230

00:52:27,400 --> 00:52:25,060

using my light body for travel in a

1231

00:52:29,740 --> 00:52:27,410

spiritual manner so

1232

00:52:31,870 --> 00:52:29,750

if we are comfortable with the premise

1233

00:52:33,370 --> 00:52:31,880

that the flexibility of reality and the

1234

00:52:35,860 --> 00:52:33,380

flexibility of consciousness is

1235

00:52:37,720 --> 00:52:35,870

limitless then we have that ability to

1236

00:52:40,570 --> 00:52:37,730

move inter-dimensionally like we I have

1237

00:52:43,300 --> 00:52:40,580

experienced time travel into the into

1238

00:52:47,350 --> 00:52:43,310

the past which I felt less safe with

1239

00:52:49,270 --> 00:52:47,360

then spatial travel don't know if I need

1240

00:52:52,780 --> 00:52:49,280

to elaborate on why but if you mess up

1241

00:52:55,390 --> 00:52:52,790

in the timeline you might not be happy

1242

00:52:57,190 --> 00:52:55,400

with where you end up but in in the kind

1243

00:52:59,190 --> 00:52:57,200

of travel I've done where I interacted

1244

00:53:02,260 --> 00:52:59,200

with the Syrians I was very comfortable

1245

00:53:04,000 --> 00:53:02,270

so we could talk about their physical

1246

00:53:06,190 --> 00:53:04,010

description what they taught me what

1247

00:53:08,410 --> 00:53:06,200

would you rather have me focus on here

1248

00:53:10,060 --> 00:53:08,420

jump right into it I think you know this

1249

00:53:12,790 --> 00:53:10,070

is this is really really challenging

1250

00:53:15,300 --> 00:53:12,800

stuff I like the way you said you know

1251
00:53:18,700 --> 00:53:15,310
let's step back and kind of go through

1252
00:53:20,770 --> 00:53:18,710
our knows at this point if we're

1253
00:53:23,620 --> 00:53:20,780
willing to go there you know our knowings

1254
00:53:25,390 --> 00:53:23,630
is that there is this flexibility to

1255
00:53:27,880 --> 00:53:25,400
reality and you can hit the tennis ball

1256
00:53:30,190 --> 00:53:27,890
and Michael Jordan can see the print the

1257
00:53:32,890 --> 00:53:30,200
hoop is as big as the moon you know so

1258
00:53:35,260 --> 00:53:32,900
that's real and that's and then we take

1259
00:53:37,030 --> 00:53:35,270
you know the again started with

1260
00:53:39,610 --> 00:53:37,040
parapsychology and we say what's pretty

1261
00:53:41,710 --> 00:53:39,620
sentiment say it's as time isn't really

1262
00:53:43,660 --> 00:53:41,720
what we think it is and then I got my

1263
00:53:46,810 --> 00:53:43,670

buddy you know dr. Andy Paquette who's

1264

00:53:48,430 --> 00:53:46,820

been on the show 5000 precognitive

1265

00:53:50,010 --> 00:53:48,440

dreams that he's catalogued and

1266

00:53:53,470 --> 00:53:50,020

published peer-reviewed papers on

1267

00:53:56,350 --> 00:53:53,480

precognition folks blows our idea of

1268

00:53:58,870 --> 00:53:56,360

time so that's on the table and then

1269

00:54:00,820 --> 00:53:58,880

this astral travel traveling outside of

1270

00:54:02,530 --> 00:54:00,830

your body people being able to see and

1271

00:54:05,410 --> 00:54:02,540

report things back and their truth

1272

00:54:08,010 --> 00:54:05,420

that's all on the table yeah alex the

1273

00:54:10,120 --> 00:54:08,020

tibetan lamas don't think twice about

1274

00:54:11,890 --> 00:54:10,130

traveling not just the ones are sitting

1275

00:54:17,530 --> 00:54:11,900

there at cubical for three years they

1276

00:54:19,420 --> 00:54:17,540

they say listen we we all do but sleep

1277

00:54:21,430 --> 00:54:19,430

we don't wake up knowing we've done it

1278

00:54:23,170 --> 00:54:21,440

some do some people say hey I've visited

1279

00:54:24,970 --> 00:54:23,180

so and so I went to this place with that

1280

00:54:26,560 --> 00:54:24,980

and have some sense that it was real but

1281

00:54:27,670 --> 00:54:26,570

other people say it's just too fuzzy and

1282

00:54:29,920 --> 00:54:27,680

I can't go there and I don't believe

1283

00:54:31,480 --> 00:54:29,930

that that's possible and in a sense when

1284

00:54:33,700 --> 00:54:31,490

they say I don't believe that's possible

1285

00:54:35,770 --> 00:54:33,710

they've just shut the door on it so that

1286

00:54:37,960 --> 00:54:35,780

that's another thing about infinite

1287

00:54:40,640 --> 00:54:37,970

flexibility of consciousness you are the

1288

00:54:42,019 --> 00:54:40,650

freewill decider and if you say I like

1289

00:54:45,859 --> 00:54:42,029

that potentially have this experience

1290

00:54:47,450 --> 00:54:45,869

then you do have that potential so so

1291

00:54:49,160 --> 00:54:47,460

with that we've laid the foundation

1292

00:54:51,049 --> 00:54:49,170

where I feel comfortable we can start

1293

00:54:53,809 --> 00:54:51,059

talking about Syrians from another

1294

00:54:56,480 --> 00:54:53,819

planet that you've astral traveled to

1295

00:54:58,910 --> 00:54:56,490

and you're willing to say hey I'll think

1296

00:55:01,940 --> 00:54:58,920

you know that that's real but the shadow

1297

00:55:03,529 --> 00:55:01,950

government has tried to present I don't

1298

00:55:05,720 --> 00:55:03,539

know what terms people understand it as

1299

00:55:08,210 --> 00:55:05,730

the Cabal the the evil guys the people

1300

00:55:12,079 --> 00:55:08,220

with the negative agendas they've tried

1301
00:55:14,839 --> 00:55:12,089
to feed us the concept that life outside

1302
00:55:18,109 --> 00:55:14,849
planet Earth either one doesn't exist at

1303
00:55:20,920 --> 00:55:18,119
all or if it does it's evil and it's

1304
00:55:23,299 --> 00:55:20,930
going to hurt us or harm us or

1305
00:55:26,180 --> 00:55:23,309
annihilate us or create catastrophic

1306
00:55:28,779 --> 00:55:26,190
condition I couldn't say anything that

1307
00:55:31,519 --> 00:55:28,789
is further from the truth the the

1308
00:55:33,950 --> 00:55:31,529
extraterrestrial souls that I met were

1309
00:55:35,750 --> 00:55:33,960
this thing if you would want to use an

1310
00:55:38,120 --> 00:55:35,760
analogy go to a playground go to that

1311
00:55:40,730 --> 00:55:38,130
playground in Del Mar there right on the

1312
00:55:43,490 --> 00:55:40,740
the grassy area and just on a Saturday

1313
00:55:46,970 --> 00:55:43,500

and watch 10 or 12 children between ages

1314

00:55:48,859 --> 00:55:46,980

of 6 and 10 having fun that was my

1315

00:55:52,849 --> 00:55:48,869

experience with these beings they were

1316

00:55:56,510 --> 00:55:52,859

so unbelievably kind and loving and

1317

00:55:59,170 --> 00:55:56,520

innocent a little ball most frail but

1318

00:56:03,430 --> 00:55:59,180

very DOE like in their eyes large

1319

00:56:05,930 --> 00:56:03,440

peaceful innocent eyes but like children

1320

00:56:07,400 --> 00:56:05,940

that's the physical side and the

1321

00:56:09,140 --> 00:56:07,410

personality but in terms of the

1322

00:56:11,329 --> 00:56:09,150

consciousness side I had the impression

1323

00:56:12,079 --> 00:56:11,339

that they could incinerate me in the

1324

00:56:13,970 --> 00:56:12,089

blink of an eye

1325

00:56:16,700 --> 00:56:13,980

they would never do that but they had

1326
00:56:20,299 --> 00:56:16,710
the power to do anything because they

1327
00:56:22,730 --> 00:56:20,309
had the positive intent behind it they

1328
00:56:25,430 --> 00:56:22,740
had the power of the creator in their in

1329
00:56:29,569 --> 00:56:25,440
their consciousness because they had the

1330
00:56:32,029 --> 00:56:29,579
purity to not misuse it so in my

1331
00:56:35,150 --> 00:56:32,039
interactions were on multiple occasions

1332
00:56:38,599 --> 00:56:35,160
and they taught me a lot of things about

1333
00:56:42,019 --> 00:56:38,609
myself and about interesting comments

1334
00:56:44,120 --> 00:56:42,029
about our planet which I had to think

1335
00:56:47,089 --> 00:56:44,130
about and think about quite a bit before

1336
00:56:50,200 --> 00:56:47,099
I could really digest I said I said to

1337
00:56:52,480 --> 00:56:50,210
them okay it seems to me that a lot of

1338
00:56:54,410 --> 00:56:52,490

extraterrestrial beings from different

1339

00:56:56,240 --> 00:56:54,420

civilizations

1340

00:56:59,230 --> 00:56:56,250

have an interest in earth and they said

1341

00:57:01,520 --> 00:56:59,240

that is true the majority of those

1342

00:57:05,360 --> 00:57:01,530

organizations those individuals in those

1343

00:57:08,300 --> 00:57:05,370

societies civilizations have a very

1344

00:57:09,980 --> 00:57:08,310

positive interest in the planet there

1345

00:57:12,110 --> 00:57:09,990

are some who have a negative agenda

1346

00:57:16,120 --> 00:57:12,120

would like to continue what they're

1347

00:57:19,490 --> 00:57:16,130

doing controlling the scenario that the

1348

00:57:23,990 --> 00:57:19,500

situation here but they said to me that

1349

00:57:25,520 --> 00:57:24,000

what the earth is moving towards soon

1350

00:57:27,790 --> 00:57:25,530

but they wouldn't put a timeline they

1351

00:57:30,770 --> 00:57:27,800

said is it a radical and major

1352

00:57:32,750 --> 00:57:30,780

transformation for our planet and that

1353

00:57:36,200 --> 00:57:32,760

right now is the biggest game in the

1354

00:57:38,390 --> 00:57:36,210

universe it has the attention of many

1355

00:57:41,960 --> 00:57:38,400

many civilizations in our galaxy and

1356

00:57:45,080 --> 00:57:41,970

beyond because on earth and this is the

1357

00:57:48,970 --> 00:57:45,090

mind-blower to me they said on earth you

1358

00:57:52,040 --> 00:57:48,980

have been blessed with the presence of

1359

00:57:54,560 --> 00:57:52,050

divinity in a human form from time to

1360

00:57:56,930 --> 00:57:54,570

time whether it was Buddha or whether it

1361

00:57:59,150 --> 00:57:56,940

was Krishna or whether it was ROM or

1362

00:58:03,320 --> 00:57:59,160

whether it was Jesus or whoever he said

1363

00:58:07,370 --> 00:58:03,330

you have had God has taken individual

1364

00:58:10,310 --> 00:58:07,380

personalized body on earth at various

1365

00:58:13,070 --> 00:58:10,320

times and that hasn't happened in other

1366

00:58:16,490 --> 00:58:13,080

parts of the universe and I said wait a

1367

00:58:19,220 --> 00:58:16,500

min for me it's the center of the

1368

00:58:21,410 --> 00:58:19,230

universe thing not it's okay

1369

00:58:25,880 --> 00:58:21,420

center of the universe though I agree

1370

00:58:27,260 --> 00:58:25,890

with you I don't think that we would be

1371

00:58:30,400 --> 00:58:27,270

fair to say that we it was too

1372

00:58:33,500 --> 00:58:30,410

egocentric to make such a comment but I

1373

00:58:35,240 --> 00:58:33,510

said I took the sceptical point of view

1374

00:58:38,120 --> 00:58:35,250

on this I said we'll wait a minute

1375

00:58:40,160 --> 00:58:38,130

if I'm not correct you are light-years

1376
00:58:41,990 --> 00:58:40,170
beyond my state of consciousness and

1377
00:58:43,700 --> 00:58:42,000
they smiled and you know and I think

1378
00:58:46,040 --> 00:58:43,710
they they didn't deny that they may be

1379
00:58:48,860 --> 00:58:46,050
millions of years past so I said okay

1380
00:58:50,720 --> 00:58:48,870
how is it that our lowly ignorant planet

1381
00:58:53,510 --> 00:58:50,730
has had divinity walking on it and

1382
00:58:54,830 --> 00:58:53,520
you're so far ahead of me you know so

1383
00:58:56,030 --> 00:58:54,840
far ahead of any human being that I

1384
00:58:58,670 --> 00:58:56,040
could tell that you know they had all

1385
00:59:00,890 --> 00:58:58,680
the super normal powers they they

1386
00:59:02,480 --> 00:59:00,900
demonstrated some for me they you know

1387
00:59:05,360 --> 00:59:02,490
the ability to shape-shift the ability

1388
00:59:07,160 --> 00:59:05,370

to to do all the things we they told me

1389

00:59:07,910 --> 00:59:07,170

they don't even use you know verbal

1390

00:59:09,950 --> 00:59:07,920

language very

1391

00:59:11,990 --> 00:59:09,960

often is that the universal language of

1392

00:59:14,569 --> 00:59:12,000

telepathy which they and they've said

1393

00:59:16,160 --> 00:59:14,579

that your some of your religious

1394

00:59:17,660 --> 00:59:16,170

traditions believe that your planet is

1395

00:59:19,549 --> 00:59:17,670

only 6,000 years old

1396

00:59:20,750 --> 00:59:19,559

you know biblical scholars will well you

1397

00:59:22,370 --> 00:59:20,760

know if they're purists they'll say that

1398

00:59:27,470 --> 00:59:22,380

and they say they laugh they said you

1399

00:59:31,670 --> 00:59:27,480

know you have had at previous epochs you

1400

00:59:33,710 --> 00:59:31,680

have had human life as you're seeing it

1401

00:59:35,150 --> 00:59:33,720

as we live it with the powers and the

1402

00:59:36,589 --> 00:59:35,160

abilities that we have and you just

1403

00:59:38,750 --> 00:59:36,599

don't have it in your records it's

1404

00:59:41,150 --> 00:59:38,760

either been erased or forgotten but your

1405

00:59:43,640 --> 00:59:41,160

planet is billions of years old and if

1406

00:59:46,010 --> 00:59:43,650

you look at the Vedic references Sat

1407

00:59:48,230 --> 00:59:46,020

Yuga and different yoga's in the in the

1408

00:59:50,780 --> 00:59:48,240

Hindu Vedic tradition you will find that

1409

00:59:52,400 --> 00:59:50,790

in and you'll find references the fact

1410

00:59:54,740 --> 00:59:52,410

that human beings live for tens of

1411

00:59:58,400 --> 00:59:54,750

thousands of years insight you know

1412

01:00:01,789 --> 00:59:58,410

that's you know gonna be quite a handful

1413

01:00:03,170 --> 01:00:01,799

for people to to digest but those are a

1414

01:00:05,839 --> 01:00:03,180

few of the comments they made and they

1415

01:00:08,089 --> 01:00:05,849

said we have 17 planets here one of them

1416

01:00:09,559 --> 01:00:08,099

is called archives and we'll take you to

1417

01:00:13,700 --> 01:00:09,569

Planet archive and the archive was

1418

01:00:16,400 --> 01:00:13,710

basically this huge library of crystals

1419

01:00:17,960 --> 01:00:16,410

and the crystals were the keepers of all

1420

01:00:19,730 --> 01:00:17,970

this information so we have basically

1421

01:00:22,059 --> 01:00:19,740

the Sirians that we have basically all

1422

01:00:24,920 --> 01:00:22,069

the information in the Milky Way galaxy

1423

01:00:26,900 --> 01:00:24,930

here with us not the universe but within

1424

01:00:28,910 --> 01:00:26,910

our galaxy and we have all of your Vedic

1425

01:00:30,740 --> 01:00:28,920

records we have all of your scriptural

1426

01:00:32,990 --> 01:00:30,750

records you on earth don't even have

1427

01:00:35,750 --> 01:00:33,000

that because there have been agendas

1428

01:00:37,880 --> 01:00:35,760

which have taken it away have destroyed

1429

01:00:40,130 --> 01:00:37,890

it so but we're preserving it for the

1430

01:00:43,309 --> 01:00:40,140

time and place when you are ready for it

1431

01:00:46,099 --> 01:00:43,319

so they were blowing me away with that

1432

01:00:50,569 --> 01:00:46,109

we went to that that planet archive we

1433

01:00:52,640 --> 01:00:50,579

went to hospital these are the kind of

1434

01:00:55,930 --> 01:00:52,650

English translations for there there are

1435

01:00:59,990 --> 01:00:55,940

17 planets which are gravitationally

1436

01:01:02,839 --> 01:01:00,000

placed around the Sun and the hospital

1437

01:01:04,160 --> 01:01:02,849

is primarily spiritual healing and I

1438

01:01:06,799 --> 01:01:04,170

could tell you the experience I had

1439

01:01:09,950 --> 01:01:06,809

there I had this lifelong pain in my

1440

01:01:11,809 --> 01:01:09,960

neck and which they clarified for me was

1441

01:01:14,569 --> 01:01:11,819

the result of dying and as a gladiator

1442

01:01:17,180 --> 01:01:14,579

sometime back in Roman times with a bite

1443

01:01:18,470 --> 01:01:17,190

of a lion on the neck and they said

1444

01:01:20,610 --> 01:01:18,480

here's how we're going to heal that

1445

01:01:24,400 --> 01:01:20,620

we're going to show you how to

1446

01:01:26,290 --> 01:01:24,410

reference a past incarnation of yourself

1447

01:01:28,210 --> 01:01:26,300

where your neck was perfectly fine and

1448

01:01:29,920 --> 01:01:28,220

you're going to just you're not going to

1449

01:01:32,020 --> 01:01:29,930

take everything from that in past life

1450

01:01:34,720 --> 01:01:32,030

but you're going to take the information

1451

01:01:37,420 --> 01:01:34,730

the DNA the knowledge of a perfectly

1452

01:01:39,220 --> 01:01:37,430

healthy neck from that previous life and

1453

01:01:41,230 --> 01:01:39,230

you're going to just bring it with your

1454

01:01:44,200 --> 01:01:41,240

consciousness into your current

1455

01:01:47,050 --> 01:01:44,210

situation and that itself over time will

1456

01:01:48,970 --> 01:01:47,060

heal it it worked now I don't know if I

1457

01:01:51,430 --> 01:01:48,980

have I mean I had their help to do it it

1458

01:01:53,500 --> 01:01:51,440

worked out my neck has been perfectly

1459

01:01:55,600 --> 01:01:53,510

normal but it was in a law I was in a

1460

01:02:00,550 --> 01:01:55,610

lot of pain back in the back in the day

1461

01:02:02,200 --> 01:02:00,560

thirty years ago so those are what the

1462

01:02:03,790 --> 01:02:02,210

kinds of things they were doing on the

1463

01:02:05,950 --> 01:02:03,800

planet called Hospital and by the way

1464

01:02:09,130 --> 01:02:05,960

the planet Hospital is open to anyone in

1465

01:02:12,460 --> 01:02:09,140

our interstellar family that wants to

1466

01:02:14,560 --> 01:02:12,470

come and have that kind of care so these

1467

01:02:18,460 --> 01:02:14,570

things are stretching the imagination I

1468

01:02:22,120 --> 01:02:18,470

can imagine they are put on your

1469

01:02:25,180 --> 01:02:22,130

skeptical cap here because you you are

1470

01:02:26,470 --> 01:02:25,190

very much of a down-to-earth guy in a

1471

01:02:28,660 --> 01:02:26,480

lot of ways that we talked about and

1472

01:02:31,660 --> 01:02:28,670

that's why we kind of approach this you

1473

01:02:35,160 --> 01:02:31,670

know you're a tennis coach MBA aid you

1474

01:02:37,540 --> 01:02:35,170

work with some very high-level Indian

1475

01:02:41,290 --> 01:02:37,550

businesspeople and gain their respect

1476

01:02:43,090 --> 01:02:41,300

because you have all your faculties and

1477

01:02:46,750 --> 01:02:43,100

you're very good at playing the

1478

01:02:50,680 --> 01:02:46,760

consensus reality game so put on your

1479

01:02:54,010 --> 01:02:50,690

skeptical cap and what troubles you most

1480

01:02:59,020 --> 01:02:54,020

about that story what troubles you most

1481

01:03:02,490 --> 01:02:59,030

about believing that the whole Syrian

1482

01:03:07,420 --> 01:03:02,500

experience yes um

1483

01:03:10,420 --> 01:03:07,430

the disbelief that that there look

1484

01:03:13,630 --> 01:03:10,430

because that they were looking to us in

1485

01:03:15,130 --> 01:03:13,640

any way because because I said well

1486

01:03:16,690 --> 01:03:15,140

where's what's your mantra

1487

01:03:18,480 --> 01:03:16,700

do you have mantra said no no we've just

1488

01:03:21,130 --> 01:03:18,490

bowed if you don't mind we're just gonna

1489

01:03:22,630 --> 01:03:21,140

snip slip into your mind we're gonna

1490

01:03:23,980 --> 01:03:22,640

just use your mantra is that okay so

1491

01:03:25,570 --> 01:03:23,990

you're welcome they said if you're

1492

01:03:27,430 --> 01:03:25,580

perfect was but why don't you have a

1493

01:03:29,710 --> 01:03:27,440

mantra said we haven't had that

1494

01:03:32,350 --> 01:03:29,720

knowledge I said how could you have

1495

01:03:34,289 --> 01:03:32,360

risen to the state of your exalted

1496

01:03:37,109 --> 01:03:34,299

because they are honestly we're next

1497

01:03:40,349 --> 01:03:37,119

really highly evolved state of life and

1498

01:03:41,699 --> 01:03:40,359

bliss I think just mind-boggling how

1499

01:03:43,499 --> 01:03:41,709

could you not have had a mantra so well

1500

01:03:45,029 --> 01:03:43,509

that was not part of our we don't didn't

1501
01:03:47,339 --> 01:03:45,039
have that training that they went back

1502
01:03:49,199 --> 01:03:47,349
to this thing that's the Earth's Dharma

1503
01:03:51,630 --> 01:03:49,209
that is part of what's going on on earth

1504
01:03:54,179 --> 01:03:51,640
and she said by the way you know that's

1505
01:03:57,660 --> 01:03:54,189
going to be exported from Earth all

1506
01:04:00,479 --> 01:03:57,670
through the galaxy over time I'm that's

1507
01:04:02,400 --> 01:04:00,489
where my my boundary hit and I said how

1508
01:04:05,819 --> 01:04:02,410
is it work that way that you can be so

1509
01:04:08,099 --> 01:04:05,829
far advanced from our civilization and

1510
01:04:10,259 --> 01:04:08,109
be looking to us for anything we're we

1511
01:04:12,630 --> 01:04:10,269
should be looking to you and they just

1512
01:04:16,410 --> 01:04:12,640
smile very innocently like it may be a

1513
01:04:19,499 --> 01:04:16,420

child and said that's gonna be a big big

1514

01:04:21,390 --> 01:04:19,509

thing when when planet Earth matures

1515

01:04:23,729 --> 01:04:21,400

enough to share what they are left with

1516

01:04:25,289 --> 01:04:23,739

every apparently every part of the

1517

01:04:28,919 --> 01:04:25,299

universe has its own blessing and that's

1518

01:04:30,209 --> 01:04:28,929

our unique niche and but I've struggled

1519

01:04:32,849 --> 01:04:30,219

with that and I've thought a lot about

1520

01:04:35,999 --> 01:04:32,859

it and I don't know that I've come to a

1521

01:04:40,249 --> 01:04:36,009

conclusion because I just interacting if

1522

01:04:42,749 --> 01:04:40,259

those beings was such a mind-blower that

1523

01:04:45,630 --> 01:04:42,759

it seems shocking that they would look

1524

01:04:48,329 --> 01:04:45,640

to me or anyone to you for anything that

1525

01:04:50,429 --> 01:04:48,339

they seemed soaked they I'll give you

1526

01:04:52,169 --> 01:04:50,439

another example they have a out of the

1527

01:04:54,660 --> 01:04:52,179

17 planets they have a planet called

1528

01:04:57,089 --> 01:04:54,670

creation we don't mean creating the

1529

01:05:00,419 --> 01:04:57,099

universe kind of creation but whatever

1530

01:05:04,439 --> 01:05:00,429

they need in their culture they manifest

1531

01:05:07,199 --> 01:05:04,449

from the lifestream from primordial

1532

01:05:09,989 --> 01:05:07,209

matter what they need and they said one

1533

01:05:12,989 --> 01:05:09,999

day you mark my words one day when

1534

01:05:16,349 --> 01:05:12,999

you're bad people are removed from power

1535

01:05:20,130 --> 01:05:16,359

in on earth we will give as gifts to you

1536

01:05:22,289 --> 01:05:20,140

cubes and these cubes will go into every

1537

01:05:24,029 --> 01:05:22,299

home and these cubes will create

1538

01:05:27,329 --> 01:05:24,039

whatever ideal temperature you want

1539

01:05:30,150 --> 01:05:27,339

without any cost whatsoever but until

1540

01:05:32,219 --> 01:05:30,160

the money mongers are removed they would

1541

01:05:33,959 --> 01:05:32,229

immediately co-opt it and try to you

1542

01:05:35,219 --> 01:05:33,969

know make a big profit out of it but we

1543

01:05:37,289 --> 01:05:35,229

will that'll be that's something that

1544

01:05:40,049 --> 01:05:37,299

they've Manifest know how to manifest

1545

01:05:41,910 --> 01:05:40,059

they have replicators they don't they do

1546

01:05:45,299 --> 01:05:41,920

have a planet for farming but they can

1547

01:05:46,979 --> 01:05:45,309

they can make instantly out of the field

1548

01:05:47,640 --> 01:05:46,989

of the consciousness what they want for

1549

01:05:49,920 --> 01:05:47,650

first

1550

01:05:51,780 --> 01:05:49,930

and usually they eat fruit nuts that's

1551

01:05:56,010 --> 01:05:51,790

where it starts to break down for me

1552

01:05:59,340 --> 01:05:56,020

okay is a couple ways one is we just

1553

01:06:01,290 --> 01:05:59,350

said time is flexible and yet art and

1554

01:06:03,630 --> 01:06:01,300

reality is flexible in all these ways

1555

01:06:06,930 --> 01:06:03,640

and they're confirming that and yet they

1556

01:06:09,030 --> 01:06:06,940

seemed bound to certain very

1557

01:06:10,710 --> 01:06:09,040

materialistic sounding things you know

1558

01:06:12,840 --> 01:06:10,720

well we have to go to this planet for

1559

01:06:16,560 --> 01:06:12,850

this we have to store this in a crystal

1560

01:06:18,600 --> 01:06:16,570

I mean it sounds so dorky for someone

1561

01:06:20,340 --> 01:06:18,610

who's traveled outside of their body to

1562

01:06:21,810 --> 01:06:20,350

another planet why do we have to do that

1563

01:06:24,240 --> 01:06:21,820

why do we have to concern ourselves with

1564

01:06:26,430 --> 01:06:24,250

time why do we have to worry about the

1565

01:06:29,130 --> 01:06:26,440

good people and the bad people where is

1566

01:06:32,900 --> 01:06:29,140

God in all this I mean are we just in

1567

01:06:35,250 --> 01:06:32,910

enough so one is resolving those

1568

01:06:37,050 --> 01:06:35,260

realities so let's just start there I

1569

01:06:39,480 --> 01:06:37,060

won't go ahead well you play you know

1570

01:06:41,070 --> 01:06:39,490

some of us some of it might be a

1571

01:06:44,040 --> 01:06:41,080

concession to just kind of play the

1572

01:06:46,640 --> 01:06:44,050

stupid game because we got this humanoid

1573

01:06:48,960 --> 01:06:46,650

this this guy me and they were trying to

1574

01:06:53,220 --> 01:06:48,970

share this in the way that he can relate

1575

01:06:54,530 --> 01:06:53,230

to I'm only speculating that okay I do

1576

01:06:56,790 --> 01:06:54,540

know that they don't

1577

01:06:58,410 --> 01:06:56,800

that's quite a little more cosmic in

1578

01:06:59,940 --> 01:06:58,420

nature that when we talked about their

1579

01:07:02,070 --> 01:06:59,950

form of government says we have no

1580

01:07:04,440 --> 01:07:02,080

government we have a consensus when we

1581

01:07:07,110 --> 01:07:04,450

need to make a decision we just have

1582

01:07:08,850 --> 01:07:07,120

everyone put their individual

1583

01:07:12,510 --> 01:07:08,860

consciousness into the collective pool

1584

01:07:15,540 --> 01:07:12,520

and out of that unity of our awarenesses

1585

01:07:18,000 --> 01:07:15,550

we come automatically come up with

1586

01:07:20,430 --> 01:07:18,010

what's right for our our group of beings

1587

01:07:24,090 --> 01:07:20,440

and so that was another planet

1588

01:07:26,010 --> 01:07:24,100

government but again whether they're

1589

01:07:27,390 --> 01:07:26,020

playing the game because they're part of

1590

01:07:29,190 --> 01:07:27,400

creation and they want to have these

1591

01:07:30,900 --> 01:07:29,200

kind of physical kind of constructs I

1592

01:07:31,860 --> 01:07:30,910

never asked them those questions you you

1593

01:07:33,870 --> 01:07:31,870

should have been there there you could

1594

01:07:36,750 --> 01:07:33,880

have asked them much better questions

1595

01:07:39,840 --> 01:07:36,760

and then then that I'm doing no not at

1596

01:07:41,670 --> 01:07:39,850

all I mean I'm just like one of the

1597

01:07:43,320 --> 01:07:41,680

things that challenges me with back to

1598

01:07:47,220 --> 01:07:43,330

the near-death experience if I can

1599

01:07:49,110 --> 01:07:47,230

ground it there sure is the nice thing

1600

01:07:51,330 --> 01:07:49,120

about the near-death experience is that

1601
01:07:53,550 --> 01:07:51,340
these people are dead it's some people

1602
01:07:56,670 --> 01:07:53,560
argue that say well they're not really

1603
01:07:58,740 --> 01:07:56,680
dead it's like yeah they don't longer

1604
01:08:01,009 --> 01:07:58,750
have a functioning brain that we have

1605
01:08:03,559 --> 01:08:01,019
under any understanding from our

1606
01:08:06,709 --> 01:08:03,569
biological way how that could generate

1607
01:08:08,449 --> 01:08:06,719
sustained consciousness slash memories

1608
01:08:11,209 --> 01:08:08,459
whatever you want to call it and people

1609
01:08:13,009 --> 01:08:11,219
who aren't there yet are not listen I'm

1610
01:08:16,549 --> 01:08:13,019
not still listening to this interview

1611
01:08:20,180 --> 01:08:16,559
but we all know that data is is there

1612
01:08:23,299 --> 01:08:20,190
but once we step beyond that then we get

1613
01:08:24,259 --> 01:08:23,309

these stories Steve that are all over

1614

01:08:25,970 --> 01:08:24,269

the place we have people who are

1615

01:08:29,209 --> 01:08:25,980

encountering Jesus people who are

1616

01:08:32,209 --> 01:08:29,219

encountering light beings gotcha so it

1617

01:08:35,899 --> 01:08:32,219

does seem that the flexibility of this

1618

01:08:38,390 --> 01:08:35,909

extended realm makes it hard to pin all

1619

01:08:41,539 --> 01:08:38,400

this stuff down the part that really

1620

01:08:44,299 --> 01:08:41,549

challenges me are two things one is we

1621

01:08:46,539 --> 01:08:44,309

are doing some of this evil there's

1622

01:08:49,069 --> 01:08:46,549

just no question about it

1623

01:08:52,669 --> 01:08:49,079

MKULTRA and what Whitley Strieber is

1624

01:08:55,279 --> 01:08:52,679

talking about they are actively actively

1625

01:08:58,579 --> 01:08:55,289

trying to access these realms and that

1626
01:09:00,709 --> 01:08:58,589
adds a level of reality to it yes anyone

1627
01:09:03,079 --> 01:09:00,719
who isn't you know thinking they can

1628
01:09:05,599 --> 01:09:03,089
just dismiss this look out because

1629
01:09:07,490 --> 01:09:05,609
they're trying to weaponize this in a

1630
01:09:08,959 --> 01:09:07,500
way and yes I'd like to understand what

1631
01:09:10,399 --> 01:09:08,969
the implications of that are and that

1632
01:09:14,209 --> 01:09:10,409
always leads me back to the same thing

1633
01:09:17,839 --> 01:09:14,219
of counterfeited spirituality is there a

1634
01:09:21,049 --> 01:09:17,849
real spirituality does God kind of play

1635
01:09:23,390 --> 01:09:21,059
at a different level than all this

1636
01:09:27,160 --> 01:09:23,400
you know and when you are sat there to

1637
01:09:30,680 --> 01:09:27,170
judge your life be it in an alien ET

1638
01:09:33,229 --> 01:09:30,690

incarnation or a human incarnation you

1639

01:09:35,990 --> 01:09:33,239

will as this is what I take away from

1640

01:09:38,809 --> 01:09:36,000

the near-death experience you will be

1641

01:09:42,319 --> 01:09:38,819

judged for everything that you've done

1642

01:09:45,410 --> 01:09:42,329

but you your soul will be the judge and

1643

01:09:48,140 --> 01:09:45,420

it will be among a bunch of loving

1644

01:09:49,999 --> 01:09:48,150

completely supportive other Souls and

1645

01:09:52,609 --> 01:09:50,009

you'll probably judge yourself a lot

1646

01:09:54,890 --> 01:09:52,619

harsher than they would but everything

1647

01:09:57,649 --> 01:09:54,900

will be judged and in that sense it kind

1648

01:09:59,810 --> 01:09:57,659

of puts a different spin on this but

1649

01:10:01,910 --> 01:09:59,820

there just seem to be a lot of stuff in

1650

01:10:04,009 --> 01:10:01,920

the middle that is playing a completely

1651

01:10:05,930 --> 01:10:04,019

different game and it's confusing the

1652

01:10:10,490 --> 01:10:05,940

heck out of me and a lot other people is

1653

01:10:13,649 --> 01:10:10,500

this middle game yeah well one finishing

1654

01:10:17,219 --> 01:10:13,659

comment on this need for

1655

01:10:19,979 --> 01:10:17,229

a replicator or a cube oh my I I asked

1656

01:10:22,500 --> 01:10:19,989

why do you bother to use a craft you can

1657

01:10:24,239 --> 01:10:22,510

travel anywhere and bleed into any

1658

01:10:25,770 --> 01:10:24,249

dimension you want you can met you could

1659

01:10:27,540 --> 01:10:25,780

stand here in front of me in my house

1660

01:10:29,939 --> 01:10:27,550

I'm talking about the Syrians and I'm

1661

01:10:32,790 --> 01:10:29,949

sure other civilizations have that

1662

01:10:35,129 --> 01:10:32,800

capacity why are you running around in

1663

01:10:38,489 --> 01:10:35,139

mother ships and Scout crafts and and

1664

01:10:40,140 --> 01:10:38,499

and so on and you know for better lack

1665

01:10:42,479 --> 01:10:40,150

of a better answer just you know it's

1666

01:10:44,909 --> 01:10:42,489

fun it's like there was no it didn't

1667

01:10:48,060 --> 01:10:44,919

seem to me that there was any great

1668

01:10:50,489 --> 01:10:48,070

profound earth-shattering underseasoned

1669

01:10:52,049 --> 01:10:50,499

other than you know we're just doing it

1670

01:10:53,310 --> 01:10:52,059

it's like why do the kids go in the

1671

01:10:54,750 --> 01:10:53,320

playground you know they could they

1672

01:10:56,699 --> 01:10:54,760

don't you could just today you could

1673

01:10:59,250 --> 01:10:56,709

just you know sit with your your your

1674

01:11:00,359 --> 01:10:59,260

app and and play with virtual reality

1675

01:11:03,149 --> 01:11:00,369

and never even bother to go with the

1676

01:11:04,589 --> 01:11:03,159

playground so if that may be one

1677

01:11:07,199 --> 01:11:04,599

perspective I don't know if that's a

1678

01:11:10,049 --> 01:11:07,209

satisfactory one but that's that seemed

1679

01:11:11,729 --> 01:11:10,059

to me that you know they they showed us

1680

01:11:14,520 --> 01:11:11,739

how they skied they showed us how you

1681

01:11:15,989 --> 01:11:14,530

know they they just they have a my last

1682

01:11:18,659 --> 01:11:15,999

comment and I won't get back to what

1683

01:11:22,350 --> 01:11:18,669

you're going to hear Alex but they have

1684

01:11:24,239 --> 01:11:22,360

a area called entertainment a planetary

1685

01:11:25,739 --> 01:11:24,249

are called entertainer and they I

1686

01:11:28,169 --> 01:11:25,749

thought this was profound for me they

1687

01:11:30,689 --> 01:11:28,179

said two of the things that we value the

1688

01:11:32,429 --> 01:11:30,699

most our pleasure and relaxation we

1689

01:11:34,589 --> 01:11:32,439

consider them very important for our

1690

01:11:37,109 --> 01:11:34,599

spiritual well-being and on that

1691

01:11:39,390 --> 01:11:37,119

particular area in that particular it's

1692

01:11:41,399 --> 01:11:39,400

open to you it's open to me it's open

1693

01:11:43,620 --> 01:11:41,409

almost these areas are although not at

1694

01:11:46,339 --> 01:11:43,630

all on the timeline planet is not open

1695

01:11:48,810 --> 01:11:46,349

because again if you start getting into

1696

01:11:51,659 --> 01:11:48,820

timeline manipulation master timeline

1697

01:11:53,399 --> 01:11:51,669

stuff you could really mess mess up some

1698

01:11:55,199 --> 01:11:53,409

reality so that you have to go with

1699

01:11:58,520 --> 01:11:55,209

someone who's got certifications so they

1700

01:12:02,850 --> 01:11:58,530

told me well so anyway that's enough of

1701

01:12:05,040 --> 01:12:02,860

rambling on on the Sirians you you

1702

01:12:07,529 --> 01:12:05,050

brought up two or three ideas there

1703

01:12:10,080 --> 01:12:07,539

which one if you wanted to kind of hone

1704

01:12:12,929 --> 01:12:10,090

in on one particular area of your

1705

01:12:16,919 --> 01:12:12,939

thoughts go ahead the part that makes

1706

01:12:19,529 --> 01:12:16,929

sense to me that I can't kind of resolve

1707

01:12:21,689 --> 01:12:19,539

with the other stuff is like I told you

1708

01:12:24,959 --> 01:12:21,699

from the NDE thing we're all going to be

1709

01:12:26,549 --> 01:12:24,969

judged Karma Judgment Day Christian you

1710

01:12:27,510 --> 01:12:26,559

know it crosses all day and it makes

1711

01:12:29,640 --> 01:12:27,520

total sense

1712

01:12:32,280 --> 01:12:29,650

yet it's been co-opted by all our

1713

01:12:34,500 --> 01:12:32,290

religions right so what I love about the

1714

01:12:36,479 --> 01:12:34,510

judgement thing is you tell that to a

1715

01:12:38,100 --> 01:12:36,489

Christian and they're just not in their

1716

01:12:41,010 --> 01:12:38,110

head right there and you say okay but

1717

01:12:43,680 --> 01:12:41,020

here's the thing Jesus ain't judging you

1718

01:12:46,020 --> 01:12:43,690

God ain't judging you you're judging

1719

01:12:47,459 --> 01:12:46,030

yourself and they go what how would that

1720

01:12:48,780 --> 01:12:47,469

work and then when you really think

1721

01:12:51,450 --> 01:12:48,790

through it from a spiritual standpoint

1722

01:12:53,220 --> 01:12:51,460

and you go well that's the only way it

1723

01:12:57,630 --> 01:12:53,230

could work that's the only way that it

1724

01:13:00,360 --> 01:12:57,640

would make sense that in a way puts all

1725

01:13:02,700 --> 01:13:00,370

this other stuff as in the middle if you

1726

01:13:06,420 --> 01:13:02,710

will it's just in the middle it's a

1727

01:13:08,220 --> 01:13:06,430

transitory kind of thing between do you

1728

01:13:11,340 --> 01:13:08,230

get where I'm going I think so I think

1729

01:13:14,220 --> 01:13:11,350

so yeah yeah in a sense the stuff in the

1730

01:13:17,010 --> 01:13:14,230

middle it's it's very illusionary but it

1731

01:13:18,930 --> 01:13:17,020

also is real we are working we're you

1732

01:13:21,209 --> 01:13:18,940

know we could think this is cliched but

1733

01:13:23,130 --> 01:13:21,219

they were just in a in a school this

1734

01:13:26,250 --> 01:13:23,140

life is a school it happens very quickly

1735

01:13:28,170 --> 01:13:26,260

and if Vedic references say that we live

1736

01:13:30,060 --> 01:13:28,180

much much longer which actually would

1737

01:13:32,280 --> 01:13:30,070

would have would be a benefit to this

1738

01:13:34,680 --> 01:13:32,290

school house because a lot of times

1739

01:13:37,050 --> 01:13:34,690

we'll do a perform an action which we

1740

01:13:39,240 --> 01:13:37,060

will evaluate ourselves at some point in

1741

01:13:42,270 --> 01:13:39,250

time it at the end of our life in

1742

01:13:44,910 --> 01:13:42,280

between life whatever but because our

1743

01:13:48,479 --> 01:13:44,920

lives are so bloody short 70 80 years a

1744

01:13:51,360 --> 01:13:48,489

lot of the back end learning that we

1745

01:13:54,000 --> 01:13:51,370

could have that say we mistreated this

1746

01:13:56,820 --> 01:13:54,010

person badly we don't maybe live long

1747

01:13:59,180 --> 01:13:56,830

enough to see the that because the

1748

01:14:02,790 --> 01:13:59,190

universe the actions in the universe are

1749

01:14:04,830 --> 01:14:02,800

circular it circles back in mando's it

1750

01:14:07,620 --> 01:14:04,840

comes right back to us but maybe we pass

1751

01:14:09,900 --> 01:14:07,630

before that lesson comes back to us and

1752

01:14:11,130 --> 01:14:09,910

we you know receive the same treatment

1753

01:14:12,479 --> 01:14:11,140

from somebody else or have the same

1754

01:14:14,910 --> 01:14:12,489

illness or something like that we

1755

01:14:16,410 --> 01:14:14,920

haven't learned our lesson so we got to

1756

01:14:17,670 --> 01:14:16,420

come back and do it again and that's one

1757

01:14:19,800 --> 01:14:17,680

of the things that they say is so

1758

01:14:22,830 --> 01:14:19,810

valuable about if having an extended

1759

01:14:25,100 --> 01:14:22,840

life or extended extended perspective is

1760

01:14:27,660 --> 01:14:25,110

that we learn these things much better

1761

01:14:30,570 --> 01:14:27,670

than having to sit and watch it on a TV

1762

01:14:32,670 --> 01:14:30,580

screen in some heavenly port with some

1763

01:14:34,080 --> 01:14:32,680

guide sitting next she's saying hey he's

1764

01:14:35,790 --> 01:14:34,090

kind of messed up there Steve but that's

1765

01:14:39,420 --> 01:14:35,800

for you to judge no we could actually

1766

01:14:41,100 --> 01:14:39,430

work it out and we could even tie that

1767

01:14:43,439 --> 01:14:41,110

back to the whole the Guru

1768

01:14:45,660 --> 01:14:43,449

phenomena of why are they not infallible

1769

01:14:47,879 --> 01:14:45,670

why are they not godlike if they're

1770

01:14:49,890 --> 01:14:47,889

teaching us how to find God and I've

1771

01:14:53,250 --> 01:14:49,900

heard gurus say that you know the

1772

01:14:55,649 --> 01:14:53,260

Scriptures will say who's more important

1773

01:14:57,629 --> 01:14:55,659

for a person the Guru or God and that

1774

01:15:01,410 --> 01:14:57,639

the phrase is the Guru is because

1775

01:15:03,149 --> 01:15:01,420

without the GU you can't find God so you

1776

01:15:05,370 --> 01:15:03,159

you get these kinds of trainings and

1777

01:15:07,649 --> 01:15:05,380

teachings and then you find that your

1778

01:15:10,020 --> 01:15:07,659

guru are some gurus making mistakes and

1779

01:15:12,000 --> 01:15:10,030

you start to go why is that have they

1780

01:15:13,560 --> 01:15:12,010

not resolved their karma have they not

1781

01:15:16,890 --> 01:15:13,570

resolved their issues have they not

1782

01:15:18,600 --> 01:15:16,900

looked into their experience and to a

1783

01:15:19,800 --> 01:15:18,610

certain extent they have maybe more than

1784

01:15:21,810 --> 01:15:19,810

we have but they also live with

1785

01:15:23,790 --> 01:15:21,820

something called Lygia vidya the faint

1786

01:15:25,950 --> 01:15:23,800

remains in the Vedic parlance that's a

1787

01:15:28,020 --> 01:15:25,960

Sanskrit phrase it's they shove Vidya

1788

01:15:30,359 --> 01:15:28,030

the faint remains of ignorance that we

1789

01:15:34,169 --> 01:15:30,369

come into in this life

1790

01:15:36,030 --> 01:15:34,179

bringing a suitcase of karma per up de

1791

01:15:38,729 --> 01:15:36,040

karma that's it and if we gain our

1792

01:15:40,530 --> 01:15:38,739

Nirvana if we gain enlightenment then we

1793

01:15:43,140 --> 01:15:40,540

still are going to live out our life and

1794

01:15:45,090 --> 01:15:43,150

many many great Saints have have died of

1795

01:15:47,030 --> 01:15:45,100

cancer had throat cancer I know one

1796

01:15:49,080 --> 01:15:47,040

particular or had terribly debilitating

1797

01:15:50,790 --> 01:15:49,090

experience so it's still part of a

1798

01:15:51,810 --> 01:15:50,800

package of karma that even though they

1799

01:15:54,209 --> 01:15:51,820

may have been enlightened they were

1800

01:15:56,430 --> 01:15:54,219

still working out because the arrow had

1801

01:15:58,680 --> 01:15:56,440

been shot the karmic arrow had been shot

1802

01:16:03,689 --> 01:15:58,690

and they were receiving it at some point

1803

01:16:07,790 --> 01:16:03,699

in time so all these things come into

1804

01:16:12,300 --> 01:16:07,800

play it would be nice if we were able to

1805

01:16:13,950 --> 01:16:12,310

resolve our issues neatly no but but it

1806

01:16:15,959 --> 01:16:13,960

doesn't seem to happen that way a lot of

1807

01:16:17,939 --> 01:16:15,969

times a week get hit with this horrible

1808

01:16:19,919 --> 01:16:17,949

financial Carmen the middle of my life

1809

01:16:21,930 --> 01:16:19,929

and I say to myself what the heck did I

1810

01:16:24,120 --> 01:16:21,940

do to deserve that or my wife says

1811

01:16:26,970 --> 01:16:24,130

sayonara I'm out of here I can't even

1812

01:16:28,859 --> 01:16:26,980

stand it sight of you anymore what did I

1813

01:16:31,649 --> 01:16:28,869

do to deserve that and so we start to

1814

01:16:34,290 --> 01:16:31,659

get Sinha coordi pressed or you know

1815

01:16:37,020 --> 01:16:34,300

sick or or this or that or why did my

1816

01:16:39,870 --> 01:16:37,030

boss do that to me and and we if we if

1817

01:16:42,600 --> 01:16:39,880

we take ownership and say there's not a

1818

01:16:45,930 --> 01:16:42,610

single thing that can possibly happen in

1819

01:16:48,510 --> 01:16:45,940

our life that has not been initiated by

1820

01:16:51,209 --> 01:16:48,520

our own consciousness then then we're if

1821

01:16:53,970 --> 01:16:51,219

we can say that and if we can by if we

1822

01:16:54,720 --> 01:16:53,980

can live that reality then we're really

1823

01:16:57,990 --> 01:16:54,730

that's a big

1824

01:17:00,870 --> 01:16:58,000

step forward in the processing of our

1825

01:17:02,760 --> 01:17:00,880

steps of evolution again I don't know if

1826

01:17:04,380 --> 01:17:02,770

I've just we're still need to dig a

1827

01:17:06,180 --> 01:17:04,390

little bit what else do we need to I

1828

01:17:08,790 --> 01:17:06,190

think we're getting there you know we

1829

01:17:11,000 --> 01:17:08,800

could go on and on really because you

1830

01:17:13,620 --> 01:17:11,010

have so many many stories and

1831

01:17:15,060 --> 01:17:13,630

experiences and a broad range of them

1832

01:17:18,690 --> 01:17:15,070

and this is something you think about

1833

01:17:20,790 --> 01:17:18,700

and obviously work on regularly but

1834

01:17:22,680 --> 01:17:20,800

let's let's wrap it up with banana it

1835

01:17:24,480 --> 01:17:22,690

for now and happen you have some tennis

1836

01:17:26,250 --> 01:17:24,490

duties to go off and do it well let me

1837

01:17:27,720 --> 01:17:26,260

mention Alex if your if the people

1838

01:17:29,880 --> 01:17:27,730

anybody who's watching is wondering why

1839

01:17:32,430 --> 01:17:29,890

the heck is Steve standing I just want

1840

01:17:34,260 --> 01:17:32,440

to confess I hurt my back a few days ago

1841

01:17:35,640 --> 01:17:34,270

on the tennis court and it's and I can

1842

01:17:37,560 --> 01:17:35,650

do anything but sit right now even

1843

01:17:39,990 --> 01:17:37,570

driving my car so I can even teach

1844

01:17:41,460 --> 01:17:40,000

tennis but sitting for some reason it's

1845

01:17:43,350 --> 01:17:41,470

right the pinch of the lower back so

1846

01:17:45,720 --> 01:17:43,360

I've been standing here for the whole

1847

01:17:49,260 --> 01:17:45,730

and that's the reason okay full

1848

01:17:51,030 --> 01:17:49,270

disclosure no it's been it's been

1849

01:17:53,070 --> 01:17:51,040

awesome our guest again has been Steve

1850

01:17:55,440 --> 01:17:53,080

Briggs one of the books you want to

1851

01:17:58,560 --> 01:17:55,450

check out is India mirror of truth

1852

01:18:01,860 --> 01:17:58,570

what's the best way for people to read

1853

01:18:06,810 --> 01:18:01,870

that book and find it I have a website

1854

01:18:09,210 --> 01:18:06,820

at Steve Briggs author calm and I saw it

1855

01:18:11,400 --> 01:18:09,220

there it's sold on all the online you

1856

01:18:13,200 --> 01:18:11,410

know Amazon and Barnes & Noble it's all

1857

01:18:15,360 --> 01:18:13,210

those are both my books are sold in

1858

01:18:18,200 --> 01:18:15,370

those places both books are sold on my

1859

01:18:21,330 --> 01:18:18,210

website Steve Briggs author dot-com and

1860

01:18:22,710 --> 01:18:21,340

so I'd be delighted if you want to buy

1861

01:18:24,210 --> 01:18:22,720

it through my website of course I'd be

1862

01:18:25,710 --> 01:18:24,220

happy to see that that way to give you a

1863

01:18:27,420 --> 01:18:25,720

chance I could sign it for a person if

1864

01:18:30,240 --> 01:18:27,430

they wanted to book signed and I I do

1865

01:18:31,800 --> 01:18:30,250

give you know some discount when I saw

1866

01:18:34,440 --> 01:18:31,810

it through my website because we don't

1867

01:18:36,990 --> 01:18:34,450

have the stores taking their percentage

1868

01:18:39,060 --> 01:18:37,000

so well I do encourage people to check

1869

01:18:41,160 --> 01:18:39,070

it out and in particular you know the

1870

01:18:43,140 --> 01:18:41,170

way I was trying to go with this

1871

01:18:45,210 --> 01:18:43,150

interview and I think we accomplished it

1872

01:18:47,160 --> 01:18:45,220

and then some in terms of going and

1873

01:18:50,550 --> 01:18:47,170

talking about your astral body travel to

1874

01:18:51,960 --> 01:18:50,560

the Sirian planet and visiting ETS and

1875

01:18:54,120 --> 01:18:51,970

talking about which blows people away

1876

01:18:56,190 --> 01:18:54,130

but what I wanted people what I want

1877

01:18:57,300 --> 01:18:56,200

people to know is both in this book that

1878

01:18:59,820 --> 01:18:57,310

I've read and the other one that I

1879

01:19:02,370 --> 01:18:59,830

haven't but I just in what you've told

1880

01:19:05,220 --> 01:19:02,380

me these are accounts that are

1881

01:19:08,520 --> 01:19:05,230

verifiable I mean you were there in

1882

01:19:11,710 --> 01:19:08,530

India here is the photo of

1883

01:19:14,020 --> 01:19:11,720

that you were sitting next to so if

1884

01:19:17,530 --> 01:19:14,030

people are kind of taking it back and

1885

01:19:20,260 --> 01:19:17,540

can't swallow all that stuff read the

1886

01:19:23,860 --> 01:19:20,270

book read the book because it's very

1887

01:19:25,720 --> 01:19:23,870

down to earth and yet the book is also a

1888

01:19:27,220 --> 01:19:25,730

launching pad for some extraordinary

1889

01:19:30,280 --> 01:19:27,230

experiences that are in the book as well

1890

01:19:35,800 --> 01:19:30,290

so we have to find a way to incorporate

1891

01:19:38,080 --> 01:19:35,810

in your reality or we're just burying

1892

01:19:38,590 --> 01:19:38,090

our head and the stand and we just can't

1893

01:19:40,930 --> 01:19:38,600

do that

1894

01:19:46,990 --> 01:19:40,940

what what are your comments on on that

1895

01:19:50,650 --> 01:19:47,000

Steve well I have been patiently hoping

1896

01:19:53,020 --> 01:19:50,660

that greater group of humanity would

1897

01:19:53,680 --> 01:19:53,030

take note of what's going on all around

1898

01:19:55,510 --> 01:19:53,690

us

1899

01:19:57,880 --> 01:19:55,520

both the positive and the negative but I

1900

01:19:59,650 --> 01:19:57,890

do feel that people are just a little

1901

01:20:01,450 --> 01:19:59,660

bit too passive and I'll turn on CNN

1902

01:20:04,810 --> 01:20:01,460

news and go this happened this happened

1903

01:20:07,090 --> 01:20:04,820

and I'll tell you from my experience and

1904

01:20:09,490 --> 01:20:07,100

in the inner fields of consciousness and

1905

01:20:11,680 --> 01:20:09,500

in my guides and so far they said listen

1906

01:20:14,410 --> 01:20:11,690

that's the last place you should rely

1907

01:20:17,800 --> 01:20:14,420

don't rely on quote network news all

1908

01:20:20,320 --> 01:20:17,810

these things you just need to disconnect

1909

01:20:23,890 --> 01:20:20,330

from that because it has an agenda which

1910

01:20:28,930 --> 01:20:23,900

is not to develop your consciousness but

1911

01:20:31,270 --> 01:20:28,940

to restrain it somehow so I do feel that

1912

01:20:33,250 --> 01:20:31,280

on the positive side that people are

1913

01:20:35,260 --> 01:20:33,260

waking up you know that's that's Vic

1914

01:20:37,090 --> 01:20:35,270

show people waking Rick archers show

1915

01:20:39,730 --> 01:20:37,100

people waking up and their individual

1916

01:20:41,890 --> 01:20:39,740

experiences and I thought I'd woken up

1917

01:20:44,320 --> 01:20:41,900

quite quite a bit and just three months

1918

01:20:46,540 --> 01:20:44,330

ago I had this beautiful

1919

01:20:47,920 --> 01:20:46,550

we call it darshan internal darshan

1920

01:20:50,350 --> 01:20:47,930

experience and happened to be with

1921

01:20:52,090 --> 01:20:50,360

Maharshi and he showed up in a moment of

1922

01:20:54,400 --> 01:20:52,100

lucidity when I was meditating in the

1923

01:20:56,590 --> 01:20:54,410

night and he put both hands on my

1924

01:20:58,840 --> 01:20:56,600

forehead and I'll tell you I thought the

1925

01:21:01,720 --> 01:20:58,850

rheostat was pretty bright inside but he

1926

01:21:05,140 --> 01:21:01,730

just went up about a few notches and I

1927

01:21:08,800 --> 01:21:05,150

was again blown away by what the

1928

01:21:11,470 --> 01:21:08,810

potential is for what a guru might do or

1929

01:21:15,280 --> 01:21:11,480

a mentor might do of what I have always

1930

01:21:18,280 --> 01:21:15,290

felt was an impressive stature that Mar

1931

01:21:21,370 --> 01:21:18,290

she had so that happened just in June

1932

01:21:24,300 --> 01:21:21,380

and I I just you know if they okay

1933

01:21:27,250 --> 01:21:24,310

I see the shortcomings in my real in my

1934

01:21:29,280 --> 01:21:27,260

mentors but I also see the blessings

1935

01:21:31,510 --> 01:21:29,290

that they've shared with me so I just

1936

01:21:35,920 --> 01:21:31,520

that would be a final comment to that

1937

01:21:38,100 --> 01:21:35,930

don't expect perfection in you know be

1938

01:21:40,540 --> 01:21:38,110

use discrimination you know look at

1939

01:21:43,000 --> 01:21:40,550

evaluate who you're gonna take knowledge

1940

01:21:45,010 --> 01:21:43,010

from and if you if your internal if your

1941

01:21:46,630 --> 01:21:45,020

feeling level your heart feels right

1942

01:21:49,960 --> 01:21:46,640

about if your intellect makes make sense

1943

01:21:52,330 --> 01:21:49,970

to you then we want to move up move

1944

01:21:55,000 --> 01:21:52,340

along we want to take that up but don't

1945

01:21:56,170 --> 01:21:55,010

go in blindly you know use use talk to

1946

01:21:59,260 --> 01:21:56,180

your friends talk to the people you

1947

01:22:01,030 --> 01:21:59,270

trust and go in with your eyes open you

1948

01:22:03,490 --> 01:22:01,040

know the other thing I guess in a couple

1949

01:22:07,840 --> 01:22:03,500

minutes we'd have that I'd like to talk

1950

01:22:11,890 --> 01:22:07,850

about is I feel like it's important to

1951

01:22:15,880 --> 01:22:11,900

choose good and to choose the right path

1952

01:22:18,310 --> 01:22:15,890

because I think that it's it's easy when

1953

01:22:21,460 --> 01:22:18,320

we look at all the information we get

1954

01:22:23,260 --> 01:22:21,470

about these extended realms you know in

1955

01:22:27,210 --> 01:22:23,270

the same way we're talking about the

1956

01:22:29,980 --> 01:22:27,220

evil that is being done you know evil is

1957

01:22:32,710 --> 01:22:29,990

it's very present and it is very

1958

01:22:34,360 --> 01:22:32,720

tempting and I don't know it sounds very

1959

01:22:37,240 --> 01:22:34,370

Christian I don't mean it in a christian

1960

01:22:39,210 --> 01:22:37,250

sense but we have to choose good do you

1961

01:22:42,070 --> 01:22:39,220

have any thoughts on this well Keshava

1962

01:22:45,480 --> 01:22:42,080

said to me very frankly said there are

1963

01:22:50,020 --> 01:22:45,490

some very bad people in Washington

1964

01:22:52,600 --> 01:22:50,030

London Beijing New York City he said

1965

01:22:55,240 --> 01:22:52,610

they have very bad intention and we have

1966

01:22:58,210 --> 01:22:55,250

to you have to be aware that they are

1967

01:23:00,460 --> 01:22:58,220

not serving the best interests of

1968

01:23:02,470 --> 01:23:00,470

humanity so if we're not even uff to

1969

01:23:05,260 --> 01:23:02,480

just buy into everything that washington

1970

01:23:08,230 --> 01:23:05,270

puts out there or our financial people

1971

01:23:11,980 --> 01:23:08,240

in new york then we may be setting

1972

01:23:14,890 --> 01:23:11,990

ourselves up for a big shock but beyond

1973

01:23:17,830 --> 01:23:14,900

that I would say and this is a lesson I

1974

01:23:20,680 --> 01:23:17,840

really have still continued to work on

1975

01:23:23,920 --> 01:23:20,690

and that is the thing that what Kay said

1976

01:23:26,500 --> 01:23:23,930

is that Steve every thought when the

1977

01:23:28,930 --> 01:23:26,510

thought you have is propelled by a

1978

01:23:31,300 --> 01:23:28,940

strong emotion or feeling behind it that

1979

01:23:33,880 --> 01:23:31,310

takes on a life of its own that thought

1980

01:23:34,710 --> 01:23:33,890

itself it becomes like a living being

1981

01:23:36,570 --> 01:23:34,720

and it move

1982

01:23:38,010 --> 01:23:36,580

and as it moves out of you to wherever

1983

01:23:39,900 --> 01:23:38,020

you're sending it I don't like that

1984

01:23:42,840 --> 01:23:39,910

person that person cheated me in the

1985

01:23:47,100 --> 01:23:42,850

tennis match it gathers more energy of

1986

01:23:49,410 --> 01:23:47,110

like quality and then surprised it

1987

01:23:51,930 --> 01:23:49,420

circles back now you have to as you

1988

01:23:53,520 --> 01:23:51,940

begin to decide how you're gonna feel

1989

01:23:57,030 --> 01:23:53,530

about your ex-wife or how you're gonna

1990

01:23:59,490 --> 01:23:57,040

feel about your your boss or hi or

1991

01:24:02,520 --> 01:23:59,500

anything keep that as a reference point

1992

01:24:04,290 --> 01:24:02,530

I continue to consciously go wait a

1993

01:24:06,360 --> 01:24:04,300

second you know I don't really want it

1994

01:24:08,100 --> 01:24:06,370

you know send an arrow somewhere that I

1995

01:24:10,530 --> 01:24:08,110

know will ultimately come back and hit

1996

01:24:12,900 --> 01:24:10,540

me right in the in the chest so that is

1997

01:24:14,790 --> 01:24:12,910

a lesson that I'm still working on among

1998

01:24:17,400 --> 01:24:14,800

others but that's one that I really

1999

01:24:18,960 --> 01:24:17,410

think we could all benefit from and

2000

01:24:22,950 --> 01:24:18,970

that's a lesson that I really was

2001
01:24:24,600 --> 01:24:22,960
impressed by the Tibetans they I would

2002
01:24:25,860 --> 01:24:24,610
say they're they're not feeling people

2003
01:24:27,600 --> 01:24:25,870
at all because they're beautiful and

2004
01:24:29,880 --> 01:24:27,610
then I loved I loved all my interactions

2005
01:24:31,650 --> 01:24:29,890
but they are not interested in leaping

2006
01:24:33,420 --> 01:24:31,660
into the game kind of the way Westerners

2007
01:24:35,490 --> 01:24:33,430
might do it and and just you know

2008
01:24:37,830 --> 01:24:35,500
putting on the gloves and slugging it

2009
01:24:39,840 --> 01:24:37,840
out they have a little bit you know okay

2010
01:24:42,000 --> 01:24:39,850
well that I see that you've been done

2011
01:24:43,500 --> 01:24:42,010
wrong too but made say well there's

2012
01:24:45,330 --> 01:24:43,510
karma involve there's all these other

2013
01:24:47,790 --> 01:24:45,340

things involved so don't just leap in

2014

01:24:51,240 --> 01:24:47,800

and start swinging because it's gonna

2015

01:24:53,280 --> 01:24:51,250

come back so that's that's a personal

2016

01:24:55,350 --> 01:24:53,290

lesson that I continue to almost read

2017

01:24:58,200 --> 01:24:55,360

stuff every day to remind myself that

2018

01:25:00,900 --> 01:24:58,210

that that's something that I feel I'm

2019

01:25:04,710 --> 01:25:00,910

still you know in school for yeah buddy

2020

01:25:07,530 --> 01:25:04,720

I'm in school for that one too well we

2021

01:25:09,810 --> 01:25:07,540

wouldn't be here you know if we didn't

2022

01:25:13,650 --> 01:25:09,820

have a few lessons to learn and it's

2023

01:25:16,530 --> 01:25:13,660

part of the the deal and I'm good with

2024

01:25:19,020 --> 01:25:16,540

that and we will evaluate you know we'll

2025

01:25:21,120 --> 01:25:19,030

grate ourselves at the end of the the

2026

01:25:23,220 --> 01:25:21,130

term at the end of this the class before

2027

01:25:25,590 --> 01:25:23,230

we move on to the next grade we'll have

2028

01:25:27,330 --> 01:25:25,600

that chance to to grade ourselves to

2029

01:25:29,340 --> 01:25:27,340

judge our self to see how we did and see

2030

01:25:31,800 --> 01:25:29,350

what we didn't do so well and we will

2031

01:25:34,790 --> 01:25:31,810

correct it and in time which just has no

2032

01:25:38,790 --> 01:25:34,800

reality ultimately in in this big

2033

01:25:41,130 --> 01:25:38,800

infinity flexible soup we have all the

2034

01:25:43,140 --> 01:25:41,140

time we need you know whether it have we

2035

01:25:45,150 --> 01:25:43,150

want it as Americans are really cool

2036

01:25:46,200 --> 01:25:45,160

employment they want it if they could do

2037

01:25:48,000 --> 01:25:46,210

something you want to do it today

2038

01:25:48,600 --> 01:25:48,010

they're not gonna say let's wait and

2039

01:25:50,459 --> 01:25:48,610

we'll do a 20

2040

01:25:52,260 --> 01:25:50,469

years so now over in Asia I see that

2041

01:25:53,640 --> 01:25:52,270

philosophy oh well we'll get to that

2042

01:25:56,520 --> 01:25:53,650

eventually and there's a little bit more

2043

01:25:58,470 --> 01:25:56,530

passivity but that's a great thing

2044

01:25:59,879 --> 01:25:58,480

because you won't get your enlightenment

2045

01:26:03,000 --> 01:25:59,889

unless you start doing something today

2046

01:26:05,550 --> 01:26:03,010

and tomorrow and the next day if you and

2047

01:26:07,169 --> 01:26:05,560

so if that's a great quality of

2048

01:26:10,859 --> 01:26:07,179

Americans the other side of it is you

2049

01:26:13,020 --> 01:26:10,869

know patience is also requirement first

2050

01:26:14,609 --> 01:26:13,030

patience and tolerance I think that we

2051

01:26:17,820 --> 01:26:14,619

could all benefit from more patience

2052

01:26:21,390 --> 01:26:17,830

more tolerance toward ourselves as well

2053

01:26:24,419 --> 01:26:21,400

as others yeah awesome Steve ok so folks

2054

01:26:26,310 --> 01:26:24,429

do check out Steve's books will we'll

2055

01:26:28,770 --> 01:26:26,320

have a link in the show notes to his

2056

01:26:31,109 --> 01:26:28,780

website Steve let's stay connected I'd

2057

01:26:33,090 --> 01:26:31,119

love to have further conversations with

2058

01:26:35,040 --> 01:26:33,100

you about this thanks so much for being

2059

01:26:37,200 --> 01:26:35,050

here all right well great talking I

2060

01:26:38,879 --> 01:26:37,210

enjoyed it very much thanks again to

2061

01:26:40,830 --> 01:26:38,889

Steve Briggs for joining me today on

2062

01:26:43,740 --> 01:26:40,840

skeptic oh I think it's going to be hard

2063

01:26:45,990 --> 01:26:43,750

to sidestep the information that emerges

2064

01:26:48,629 --> 01:26:46,000

in this interview about the Syrians and

2065

01:26:50,280 --> 01:26:48,639

the specific information about there are

2066

01:26:51,899 --> 01:26:50,290

other planets and they have all the

2067

01:26:54,540 --> 01:26:51,909

information in the world stored in these

2068

01:26:56,609 --> 01:26:54,550

crystals and I don't know quite what to

2069

01:26:59,790 --> 01:26:56,619

make of that it's certainly hard for me

2070

01:27:01,410 --> 01:26:59,800

to swallow that as a literal reality but

2071

01:27:03,959 --> 01:27:01,420

I think Steve is also open to the

2072

01:27:06,090 --> 01:27:03,969

possibility that he doesn't know how

2073

01:27:08,070 --> 01:27:06,100

much of that was even intended to be

2074

01:27:10,350 --> 01:27:08,080

taken literally or how much of that

2075

01:27:13,490 --> 01:27:10,360

experience was something that's supposed

2076

01:27:17,430 --> 01:27:13,500

to fit back inside of our day-to-day

2077

01:27:20,820 --> 01:27:17,440

normal reality but what I'd like to

2078

01:27:24,990 --> 01:27:20,830

challenge you to think about and engage

2079

01:27:29,760 --> 01:27:25,000

with me about is the process of going

2080

01:27:31,200 --> 01:27:29,770

from the known to the unknown because as

2081

01:27:33,870 --> 01:27:31,210

we've explored on this show there's

2082

01:27:36,470 --> 01:27:33,880

plenty of people we encounter who are

2083

01:27:39,570 --> 01:27:36,480

really stuck on the scientific

2084

01:27:41,669 --> 01:27:39,580

materialistic biological robot reality

2085

01:27:43,620 --> 01:27:41,679

and cannot go any further

2086

01:27:46,740 --> 01:27:43,630

most of us listen to this show have said

2087

01:27:49,260 --> 01:27:46,750

well that doesn't make sense either just

2088

01:27:51,600 --> 01:27:49,270

based on the most solid scientific day

2089

01:27:53,609 --> 01:27:51,610

that we have but of course the problem

2090

01:27:55,070 --> 01:27:53,619

and we've all encountered this and I

2091

01:27:57,959 --> 01:27:55,080

think we're all wrestling with it is

2092

01:28:01,560 --> 01:27:57,969

what do we do when we take the next step

2093

01:28:02,819 --> 01:28:01,570

that takes us further and further down

2094

01:28:04,830 --> 01:28:02,829

that rabbit

2095

01:28:07,709 --> 01:28:04,840

what do we do when we look at the work

2096

01:28:09,660 --> 01:28:07,719

of Dean Radin and we say Oh presentiment

2097

01:28:12,390 --> 01:28:09,670

seems to be real so I guess my

2098

01:28:14,100 --> 01:28:12,400

relationship with time is not what I

2099

01:28:16,259 --> 01:28:14,110

think it is Oh

2100

01:28:18,239 --> 01:28:16,269

consciousness extends beyond bodily

2101
01:28:20,370 --> 01:28:18,249
death and my consciousness can leave

2102
01:28:22,859 --> 01:28:20,380
this body and then seems to be able to

2103
01:28:26,069 --> 01:28:22,869
leave this earth well what does that

2104
01:28:28,560 --> 01:28:26,079
mean in terms of consciousness traveling

2105
01:28:30,419 --> 01:28:28,570
and how far can it travel and what can

2106
01:28:32,520 --> 01:28:30,429
it know and bring back from those

2107
01:28:34,770 --> 01:28:32,530
travels these are all steps that I think

2108
01:28:37,709 --> 01:28:34,780
most of us have taken along this journey

2109
01:28:41,040 --> 01:28:37,719
but the challenge is what do we do when

2110
01:28:44,719 --> 01:28:41,050
we encounter Steve Briggs and he adds

2111
01:28:47,310 --> 01:28:44,729
another layer on top of that that says I

2112
01:28:49,560 --> 01:28:47,320
encountered these Yogi's in India and

2113
01:28:51,540 --> 01:28:49,570

they do this and this and this and they

2114

01:28:53,790 --> 01:28:51,550

can demonstrate it over and over again

2115

01:28:56,100 --> 01:28:53,800

and then what do we do when he says oh

2116

01:28:59,040 --> 01:28:56,110

and by the way I took what they taught

2117

01:29:01,229 --> 01:28:59,050

me and I travel to the Sirius Star and

2118

01:29:03,509 --> 01:29:01,239

talk to these people as you heard in the

2119

01:29:05,879 --> 01:29:03,519

interview what do we do with them what

2120

01:29:09,359 --> 01:29:05,889

do you do with that how do you process

2121

01:29:11,459 --> 01:29:09,369

that that's the question it's a big one

2122

01:29:13,589 --> 01:29:11,469

but I'd love to hear your answer the

2123

01:29:17,969 --> 01:29:13,599

place to do it of course is through the

2124

01:29:19,350 --> 01:29:17,979

skeptical website at SK EPT I K oh where

2125

01:29:21,330 --> 01:29:19,360

you can find all the previous episodes

2126

01:29:24,989 --> 01:29:21,340

of skeptic oh they're for free to

2127

01:29:26,759 --> 01:29:24,999

download and use as you please do stay

2128

01:29:30,209 --> 01:29:26,769

with me if I've got some good stuff

2129

01:29:31,890 --> 01:29:30,219

coming up but until next time do take

2130

01:29:39,710 --> 01:29:31,900

care and bye for now

2131

01:29:39,720 --> 01:30:14,890

[Music]

2132

01:30:19,120 --> 01:30:17,410

so thanks for watching this video and if

2133

01:30:22,000 --> 01:30:19,130

it wasn't really a video but just an

2134

01:30:23,560 --> 01:30:22,010

audio stored as a video I apologize but

2135

01:30:25,510 --> 01:30:23,570

there's more videos out there as well

2136

01:30:27,340 --> 01:30:25,520

but please check out the skeptic Oh

2137

01:30:28,690 --> 01:30:27,350

website you can see it here we cover a

2138

01:30:31,540 --> 01:30:28,700

lot of different stuff you might be

2139

01:30:34,840 --> 01:30:31,550

interested in relating to controversial

2140

01:30:38,260 --> 01:30:34,850

science and spirituality a lot of shows

2141

01:30:41,260 --> 01:30:38,270

up there over 350 of them or so all free

2142

01:30:42,730 --> 01:30:41,270

all available for download so do check